

STAGE 1

Ariados

HP 90

HOLO

Evolves from Spinarak

NO. 0168 Long Leg Pokémon. HT: 3'7" WT: 73.9 lbs.

Ability **Big Net**

Your opponent's Active Evolution Pokémon's Retreat Cost is ★ more.

String Bind

10+

This attack does 30 more damage for each ★ in your opponent's Active Pokémon's Retreat Cost.

weakness × 2

resistance

retreat ★

Illus. Anesaki Dynamic

It wanders in search of food after darkness falls, never nesting in a specific place.

H TWIM EN 005/167 ♦

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Sunkern

HP 40

NO. 0191 Seed Pokémon. HT: 1' WT: 4 lbs.

Bullet Seed

10×

Flip 4 coins. This attack does 10 damage for each heads.

weakness × 2

resistance

retreat ★

Illus. Naoyo Kimura

It is very weak. Its only means of defense is to shake its leaves desperately at its attacker.

H TWIM EN 006/167 ●

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Sunkern

HP 40

HOLO

NO. 0191 Seed Pokémon. HT: 1' WT: 4 lbs.

Bullet Seed

10×

Flip 4 coins. This attack does 10 damage for each heads.

weakness × 2

resistance

retreat ★

Illus. Naoyo Kimura

It is very weak. Its only means of defense is to shake its leaves desperately at its attacker.

H TWIM EN 006/167 ●

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STAGE 1

Sunflora

HP 100

Evolves from Sunkern

NO. 0192 Sun Pokémon. HT: 2'7" WT: 18.7 lbs.

Redirected Sunlight

60×

This attack does 60 damage for each Energy attached to all of your opponent's Pokémon.

Mega Drain

50

Heal 30 damage from this Pokémon.

weakness × 2

resistance

retreat ★

Illus. Ounishi

Since it converts sunlight into energy, it is always looking in the direction of the sun.

H TWIM EN 007/167 ♦

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Sunflora

HP 100

HOLO

Evolves from Sunkern

NO. 0192 Sun Pokémon. HT: 2'7" WT: 18.7 lbs.

Redirected Sunlight

60×

This attack does 60 damage for each Energy attached to all of your opponent's Pokémon.

Mega Drain

50

Heal 30 damage from this Pokémon.

weakness × 2

resistance

retreat ★

Illus. Ounishi

Since it converts sunlight into energy, it is always looking in the direction of the sun.

H TWIM EN 007/167 ♦

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Heracross

HP 120

NO. 0214 Single Horn Pokémon. HT: 4'11" WT: 119 lbs.

Body Slam

60

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

Seismic Toss

130

weakness × 2

resistance

retreat ★ ★

Illus. Toshinao Aoki

With its herculean powers, it can easily throw around an object that is 100 times its own weight.

H TWIM EN 008/167 ♦

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Heracross

HP 120

HOLO

NO. 0214 Single Horn Pokémon. HT: 4'11" WT: 119 lbs.

Body Slam

60

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

Seismic Toss

130

weakness × 2

resistance

retreat ★ ★

Illus. Toshinao Aoki

With its herculean powers, it can easily throw around an object that is 100 times its own weight.

H TWIM EN 008/167 ♦

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Volbeat

HP 70

NO. 0313 Firefly Pokémon. HT: 2'4" WT: 39 lbs.

Quick Sign

★

If you go first, you can use this attack during your first turn. Search your deck for up to 2 Basic Pokémon and put them onto your Bench. Then, shuffle your deck.

Coordinated Strike

20+

If Illumise is on your Bench, this attack does 60 more damage.

weakness × 2

resistance

retreat ★

Illus. Orca

It flashes the light on its rear to communicate with other Volbeat. It loves the sweet aroma given off by Illumise.

H TWIM EN 009/167 ●

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Volbeat

HP 70

HOLO

NO. 0313 Firefly Pokémon. HT: 2'4" WT: 39 lbs.

Quick Sign

★

If you go first, you can use this attack during your first turn. Search your deck for up to 2 Basic Pokémon and put them onto your Bench. Then, shuffle your deck.

Coordinated Strike

20+

If Illumise is on your Bench, this attack does 60 more damage.

weakness × 2

resistance

retreat ★

Illus. Orca

It flashes the light on its rear to communicate with other Volbeat. It loves the sweet aroma given off by Illumise.

H TWIM EN 009/167 ●

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Illumise

HP 70

NO. 0314 Firefly Pokémon. HT: 2' WT: 39 lbs.

★

Slowing Perfume

You can use this attack only if you go second, and only during your first turn. Shuffle 1 of your opponent's Benched Pokémon and all attached cards into their deck.

★

Glide

30

weakness

× 2

resistance

retreat

★

Illus. Orca

H

TW

EN

010/167

●

It guides Volbeat to draw signs in the night sky. There are scholars who research the meaning of these signs.

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BASIC

Illumise

HP 70

HOLO

NO. 0314 Firefly Pokémon. HT: 2' WT: 39 lbs.

★

Slowing Perfume

You can use this attack only if you go second, and only during your first turn. Shuffle 1 of your opponent's Benched Pokémon and all attached cards into their deck.

★

Glide

30

weakness

× 2

resistance

retreat

★

Illus. Orca

H

TW

EN

010/167

●

It guides Volbeat to draw signs in the night sky. There are scholars who research the meaning of these signs.

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STAGE 1

Leafeon

HP 120

Evolves from Eevee

NO. 0470 Verdant Pokémon. HT: 3'3" WT: 56.2 lbs.

★

Leaflet Blessings

Attach a Basic Energy card from your hand to 1 of your Benched Pokémon. If you do, heal all damage from that Pokémon.

★

Solar Beam

70

weakness

× 2

resistance

retreat

★

Illus. Kuroimori

H

TW

EN

011/167

◆

The younger they are, the more they smell like fresh grass. With age, their fragrance takes on the odor of fallen leaves.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Leafeon

HP 120

HOLO

Evolves from Eevee

NO. 0470 Verdant Pokémon. HT: 3'3" WT: 56.2 lbs.

★

Leaflet Blessings

Attach a Basic Energy card from your hand to 1 of your Benched Pokémon. If you do, heal all damage from that Pokémon.

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70

weakness

× 2

resistance

retreat

★

Illus. Kuroimori

H

TW

EN

011/167

◆

The younger they are, the more they smell like fresh grass. With age, their fragrance takes on the odor of fallen leaves.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Phantump

HP 70

NO. 0708 Stump Pokémon. HT: 1'4" WT: 15.4 lbs.

★

Leech Seed

20

Heal 20 damage from this Pokémon.

weakness

× 2

resistance

retreat

★ ★

Illus. Katsunori Sato

H

TW

EN

012/167

●

This Pokémon came to be when the spirit of a deceased child possessed a tree stump. It now wanders the forest searching for friends.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Phantump

HP 70

HOLO

NO. 0708 Stump Pokémon. HT: 1'4" WT: 15.4 lbs.

★

Leech Seed

20

Heal 20 damage from this Pokémon.

weakness

× 2

resistance

retreat

★ ★

Illus. Katsunori Sato

H

TW

EN

012/167

●

This Pokémon came to be when the spirit of a deceased child possessed a tree stump. It now wanders the forest searching for friends.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Trevenant

HP 120

Evolves from Phantump

NO. 0709 Elder Tree Pokémon. HT: 4'11" WT: 156.5 lbs.

★

Giga Drain

50

Heal from this Pokémon the same amount of damage you did to your opponent's Active Pokémon.

★

Forest Dump

130

weakness

× 2

resistance

retreat

★ ★ ★

Illus. Osawaldo KATO

H

TW

EN

013/167

●

Trevenant is very kind to Pokémon living in the forest. It doesn't even care if these Pokémon take up residence in the greenery on its head.

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STAGE 1

Trevenant

HP 120

HOLO

Evolves from Phantump

NO. 0709 Elder Tree Pokémon. HT: 4'11" WT: 156.5 lbs.

★

Giga Drain

50

Heal from this Pokémon the same amount of damage you did to your opponent's Active Pokémon.

★

Forest Dump

130

weakness

× 2

resistance

retreat

★ ★ ★

Illus. Osawaldo KATO

H

TW

EN

013/167

●

Trevenant is very kind to Pokémon living in the forest. It doesn't even care if these Pokémon take up residence in the greenery on its head.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Grookey

HP 70

NO. 0810 Chimp Pokémon. HT: 1' WT: 11 lbs.

★

Smash Kick

10

★

Branch Poke

30

weakness

× 2

resistance

retreat

★

Illus. Tamami Ozaki

H

TW

EN

014/167

●

When it uses its special stick to strike up a beat, the sound waves produced carry revitalizing energy to the plants and flowers in the area.

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BASIC		Grookey		HP 76	HOLO
					
NO. 0810 Chimp Pokémon HT. 1' WT. 11 lbs.					
	Smash Kick			10	
 	Branch Poke			30	
weakness  x2		resistance		retreat 	
<i>Illus. Tomomi Ozaki</i>  TWIN EN 074/167		When it uses its special stick to strike up a beat, the sound waves produced carry revitalizing energy to the plants and flowers in the area.			
©2024 Pokémon / Nintendo / Creatures / GAME FREAK					

STAGE 1

Thwackey

HP 100

Evolves from Grookey

NQ. 0811

Beat Pokémon

HT: 2'4"

WT: 30.9 lbs.

Ability

Boom Boom Groove

Once during your turn, if your Active Pokémon has the Festival Lead Ability, you may search your deck for a card and put it into your hand. Then, shuffle your deck.

Beat

50

weakness

x2

resistance

retreat

Illus. GOSSAN

015/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Thwackey

HP 100

HOLO

Evolves from Grookey



NO. 0811 Beat Pokémon HT: 2'4" WT: 30.9 lbs.

Ability **Boom Boom Groove**

Once during your turn, if your Active Pokémon has the Festival Lead Ability, you may search your deck for a card and put it into your hand. Then, shuffle your deck.

♣ ♠

Beat **50**

weakness ♣ ×2 resistance retreat ★ ★

Illustr. GOSSAN

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THE TM 015/167

STAGE 2



Rillaboom

HP 180



Evolves from Thwackey



NO. 0812 Drummer Pokémon HT: 6'11" WT: 198.4 lbs.



Drum Beating

60

During your opponent's next turn, attacks used by the Defending Pokémon cost ★ more, and its Retreat Cost is ★ more.




Wood Hammer

180

This Pokémon also does 50 damage to itself.

weakness  x2

resistance

retreat ★ ★ ★ ★





016/167

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STAGE 2

HOLO

HP 180

Rillaboom
Evolves from Thwackey

NO. 0812 Drummer Pokémon HT: 6'11" WT: 198.4 lbs.

Drum Beating

60

During your opponent's next turn, attacks used by the Defending Pokémon cost ★ more, and its Retreat Cost is ★ more.

Wood Hammer

180

This Pokémon also does 50 damage to itself.

weakness x2

resistance

retreat ★ ★ ★ ★

illus. toriyufu

TWIM EN 016 / 167

By drumming, it taps into the power of its special tree stump. The roots of the stump follow its direction in battle.

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BASIC

Applin

HP **40**



NO. 0840 · Apple Core Pokémon · HT: 8" · WT: 1.1 lbs.

Tumbling Attack **10+**

Flip a coin. If heads, this attack does 20 more damage.

weakness  **×2** | **resistance** | **retreat** 

Illus. OKUBO

H **TWIN** **017/167**

Applin lives inside an apple. When an Applin is separated from its apple, its body loses moisture and the Pokémon grows weak.

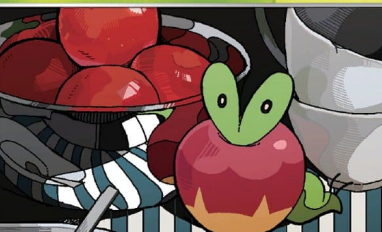
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BASIC

Applin

HP **46**

HOLO



NO. 0840 Apple Core Pokémon HT: 8" WT: 1.1 lbs.

Tumbling Attack **10+**

Flip a coin. If heads, this attack does 20 more damage.

weakness  **x2** **resistance** **retreat** 

Illus. OKUBO

TWINS 017/167

Applin lives inside an apple. When an Applin is separated from its apple, its body loses moisture and the Pokémon grows weak.

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STAGE 1

Dippin'

Evolves from Applin

HP 80



NO. 1011 Candy Apple Pokémon HT: 1'4" WT: 9.7 lbs.

Ability

Festival Lead

If Festival Grounds is in play, this Pokémon may use an attack it has twice. If the first attack Knocks Out your opponent's Active Pokémon, you may attack again after your opponent chooses a new Active Pokémon.

Do the Wave

20×

This attack does 20 damage for each of your Benched Pokémon.

20×

weakness ♠ ×2

resistance

retreat ★ ★

Illus. Saboteri

TWIM ON 018/167

The head sticking out belongs to the fore-wyrm, while the tail belongs to the core-wyrm. The two share one apple and help each other out.

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STAGE 1		HOLO	
		Dipplin <i>Evolves from Applin</i> HP 80	
NO. 1011 Candy Apple Pokémon HT: 1'4" WT: 9.7 lbs.			
Ability		Festival Lead	
If Festival Grounds is in play, this Pokémon may use an attack it has twice. If the first attack Knocks Out your opponent's Active Pokémon, you may attack again after your opponent chooses a new Active Pokémon.			
		Do the Wave	
This attack does 20 damage for each of your Benched Pokémon.		20×	
weakness  ×2		retreat ★ ★	
Illus. Saboteri   018/167 ♦		The head sticking out belongs to the fore-worm, while the tail belongs to the core-worm. The two share one apple and help each other out.	

BASIC

Teal Mask Ogerpon

HP 110

NO. 1017 Mask Pokémon HT: 3'11" WT: 87.7 lbs.

★

Mountain Stroll

Search your deck for up to 2 Basic Energy cards, reveal them, and put them into your hand. Then, shuffle your deck.

★

Ogre Comeback

20+

This attack does 20 more damage for each of your opponent's Benched Pokémon.

weakness

× 2

resistance

retreat

★

illus. Sanosuke Sakuma

H

TW

EN

024/167

★

This mischief-loving Pokémon is full of curiosity. It battles by drawing out the type-based energy contained within its masks.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Teal Mask Ogerpon

HP 110

HOLO

NO. 1017 Mask Pokémon HT: 3'11" WT: 87.7 lbs.

★

Mountain Stroll

Search your deck for up to 2 Basic Energy cards, reveal them, and put them into your hand. Then, shuffle your deck.

★

Ogre Comeback

20+

This attack does 20 more damage for each of your opponent's Benched Pokémon.

weakness

× 2

resistance

retreat

★

illus. Sanosuke Sakuma

H

TW

EN

024/167

★

This mischief-loving Pokémon is full of curiosity. It battles by drawing out the type-based energy contained within its masks.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Teal Mask Ogerpon

HP 210

EX

Tera

NO. 1017 Mask Pokémon HT: 3'11" WT: 87.7 lbs.

As long as this Pokémon is on your Bench, prevent all damage done to this Pokémon by attacks (both yours and your opponent's).

Ability

Teal Dance

Once during your turn, you may attach a Basic Energy card from your hand to this Pokémon. If you attached Energy to a Pokémon in this way, draw a card.

Myriad Leaf Shower

30+

This attack does 30 more damage for each Energy attached to both Active Pokémon.

weakness

× 2

resistance

retreat

★

illus. Sban Graphics

H

TW

EN

025/167

★★

Pokémon EX rule

When your Pokémon EX is Knocked Out, your opponent takes 2 Prize cards.

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BASIC

Vulpix

HP 70

NO. 0037 Fox Pokémon HT: 2' WT: 21.8 lbs.

Live Coal

40

weakness

× 2

resistance

retreat

★

illus. sawsaw

H

TW

EN

026/167

●

As its body grows larger, its six warm tails become more beautiful, with a more luxurious coat of fur.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Vulpix

HP 70

HOLO

NO. 0037 Fox Pokémon HT: 2' WT: 21.8 lbs.

Live Coal

40

weakness

× 2

resistance

retreat

★

illus. sawsaw

H

TW

EN

026/167

●

As its body grows larger, its six warm tails become more beautiful, with a more luxurious coat of fur.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Ninetales

HP 120

NO. 0038 Fox Pokémon HT: 3'7" WT: 43.9 lbs.

Evolves from Vulpix

Eerie Glow

90

Your opponent's Active Pokémon is now Burned and Confused.

weakness

× 2

resistance

retreat

★ ★

illus. KEIICHIRO ITO

H

TW

EN

027/167

●

It has nine long tails and fur that gleams gold. It is said to live for 1,000 years.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Ninetales

HP 120

HOLO

NO. 0038 Fox Pokémon HT: 3'7" WT: 43.9 lbs.

Evolves from Vulpix

Eerie Glow

90

Your opponent's Active Pokémon is now Burned and Confused.

weakness

× 2

resistance

retreat

★ ★

illus. KEIICHIRO ITO

H

TW

EN

027/167

●

It has nine long tails and fur that gleams gold. It is said to live for 1,000 years.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Slugma

HP 80

NO. 0218 Lava Pokémon HT: 2'4" WT: 77.2 lbs.

★

Hot Magma

20

Your opponent's Active Pokémon is now Burned.

weakness

× 2

resistance

retreat

★ ★ ★

illus. Gapao

H

TW

EN

028/167

●

It's said that in ancient times, when volcanoes were more active, there were many more Slugma than there are now.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Slugma

HP 80

HOLO

NO. 0218 Lava Pokémon HT: 2'4" WT: 77.2 lbs.

★

Hot Magma

20

Your opponent's Active Pokémon is now Burned.

weakness

× 2

resistance

retreat

★ ★ ★

illus. Gapao

H

TW

EN

028/167

●

It's said that in ancient times, when volcanoes were more active, there were many more Slugma than there are now.

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BASIC

Darumaka

HP 80

NO. 0554 Zen Charm Pokémon HT: 2' WT: 82.7 lbs.

Strength

10

Fire Tackle

50

This Pokémon also does 20 damage to itself.

× 2

weakness

resistance

retreat

★ ★

illus. osare

034/167

It derives its power from fire burning inside its body. If the fire dwindles, this Pokémon will immediately fall asleep.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Darumaka

HP 80

HOLO

NO. 0554 Zen Charm Pokémon HT: 2' WT: 82.7 lbs.

Strength

10

Fire Tackle

50

This Pokémon also does 20 damage to itself.

× 2

weakness

resistance

retreat

★ ★

illus. osare

034/167

It derives its power from fire burning inside its body. If the fire dwindles, this Pokémon will immediately fall asleep.

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STAGE 1

Darmanitan

HP 140

Evolves from Darumaka

NO. 0555 Blazing Pokémon HT: 4'3" WT: 204.8 lbs.

Rolling Tackle

60

Inferno Onrush

210

This Pokémon also does 70 damage to itself.

× 2

weakness

resistance

retreat

★ ★ ★

illus. OKUBO

035/167

The thick arms of this hot-blooded Pokémon can deliver punches capable of obliterating a dump truck.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Darmanitan

HP 140

HOLO

Evolves from Darumaka

NO. 0555 Blazing Pokémon HT: 4'3" WT: 204.8 lbs.

Rolling Tackle

60

Inferno Onrush

210

This Pokémon also does 70 damage to itself.

× 2

weakness

resistance

retreat

★ ★ ★

illus. OKUBO

035/167

The thick arms of this hot-blooded Pokémon can deliver punches capable of obliterating a dump truck.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Litwick

HP 60

NO. 0607 Candle Pokémon HT: 1' WT: 6.8 lbs.

Call for Family

Search your deck for a Basic Pokémon and put it onto your Bench. Then, shuffle your deck.

Live Coal

20

× 2

weakness

resistance

retreat

★

illus. Saya Tsuruta

036/167

While shining a light and pretending to be a guide, it leeches off the life-force of any who follow it.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Litwick

HP 60

HOLO

NO. 0607 Candle Pokémon HT: 1' WT: 6.8 lbs.

Call for Family

Search your deck for a Basic Pokémon and put it onto your Bench. Then, shuffle your deck.

Live Coal

20

× 2

weakness

resistance

retreat

★

illus. Saya Tsuruta

036/167

While shining a light and pretending to be a guide, it leeches off the life-force of any who follow it.

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STAGE 1

Lampent

HP 80

Evolves from Litwick

NO. 0608 Lamp Pokémon HT: 2' WT: 28.7 lbs.

Live Coal

20

Burn It All Up

60

Discard all Energy from this Pokémon.

× 2

weakness

resistance

retreat

★

illus. Rand

037/167

The spirits it absorbs fuel its baleful fire. It hangs around hospitals waiting for people to pass on.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Lampent

HP 80

HOLO

Evolves from Litwick

NO. 0608 Lamp Pokémon HT: 2' WT: 28.7 lbs.

Live Coal

20

Burn It All Up

60

Discard all Energy from this Pokémon.

× 2

weakness

resistance

retreat

★

illus. Rand

037/167

The spirits it absorbs fuel its baleful fire. It hangs around hospitals waiting for people to pass on.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 2

Chandelure

HP 130

Evolves from Lampent

NO. 0609 Luring Pokémon HT: 3'3" WT: 75.6 lbs.

Ability

Alluring Light

Once during your turn, you may have each player draw a card.

Mind Ruler

30×

This attack does 30 damage for each card in your opponent's hand.

× 2

weakness

resistance

retreat

★ ★

illus. saino misaki

038/167

It absorbs spirits, which it then burns. By waving the flames on its arms, it puts its foes into a hypnotic trance.

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STAGE 2

Chandelure

HP 130

HOLO

Evolves from Lampent



NO. 0609 Luring Pokémon HT: 3'3" WT: 75.6 lbs.

Ability Alluring Light

Once during your turn, you may have each player draw a card.

Mind Ruler 30×

This attack does 30 damage for each card in your opponent's hand.

weakness ⚡ × 2

resistance

retreat ★ ★

illus. saino misaki

H TWI EN 038/167 ★

It absorbs spirits, which it then burns. By waving the flames on its arms, it puts its foes into a hypnotic trance.

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BASIC

Chi-Yu

HP 110

🔥

NO. 1004 Ruidous Pokémon HT: 1'4" WT: 10.8 lbs.

Allure

Draw 2 cards.

Ground Melter 60+

If a Stadium is in play, this attack does 60 more damage. Then, discard that Stadium.

weakness ⚡ × 2

resistance

retreat ★

illus. Oku

H TWI EN 039/167 ◆

The envy accumulated within curved beads that sparked multiple conflicts has clad itself in fire and become a Pokémon.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Chi-Yu

HP 110

🔥

HOLO

NO. 1004 Ruidous Pokémon HT: 1'4" WT: 10.8 lbs.

Allure

Draw 2 cards.

Ground Melter 60+

If a Stadium is in play, this attack does 60 more damage. Then, discard that Stadium.

weakness ⚡ × 2

resistance

retreat ★

illus. Oku

H TWI EN 039/167 ◆

The envy accumulated within curved beads that sparked multiple conflicts has clad itself in fire and become a Pokémon.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Hearthflame Mask Ogerpon EX

HP 210

🔥

Tera

As long as this Pokémon is on your Bench, prevent all damage done to this Pokémon by attacks (both yours and your opponent's).



NO. 0060 Tadpole Pokémon HT: 2' WT: 27.3 lbs.

Wrathful Hearth 20×

This attack does 20 damage for each damage counter on this Pokémon.

Dynamic Blaze 140+

If your opponent's Active Pokémon is an Evolution Pokémon, this attack does 140 more damage, and discard all Energy from this Pokémon.

weakness ⚡ × 2

resistance

retreat ★

illus. Shon Graphics

H TWI EN 040/167 ★★

Pokémon EX rule When your Pokémon EX is Knocked Out, your opponent takes 2 Prize cards.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Poliwag

HP 60

🌊

NO. 0060 Tadpole Pokémon HT: 2' WT: 27.3 lbs.

Stampede 10

Tail Rap 20×

Flip 2 coins. This attack does 20 damage for each heads.

weakness ⚡ × 2

resistance

retreat ★

illus. Kadamohadaitai Yawarakai

H TWI EN 041/167 ●

Its legs are newly grown, and it can't walk very well. It seems to prefer swimming through the water instead.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Poliwag

HP 60

🌊

HOLO

NO. 0060 Tadpole Pokémon HT: 2' WT: 27.3 lbs.

Stampede 10

Tail Rap 20×

Flip 2 coins. This attack does 20 damage for each heads.

weakness ⚡ × 2

resistance

retreat ★

illus. Kadamohadaitai Yawarakai

H TWI EN 041/167 ●

Its legs are newly grown, and it can't walk very well. It seems to prefer swimming through the water instead.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Poliwhirl

HP 100

🌊

Evolves from Poliwag



NO. 0061 Tadpole Pokémon HT: 3'3" WT: 44.1 lbs.

Hypnosis

Your opponent's Active Pokémon is now Asleep.

Double Slap 30×

Flip 2 coins. This attack does 30 damage for each heads.

weakness ⚡ × 2

resistance

retreat ★ ★

illus. OKACHEKE

H TWI EN 042/167 ●

Its skin is moist all over its body. The skin on its belly spiral also feels smooth.

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STAGE 1

Poliwhirl

HP 100

🌊

HOLO

Evolves from Poliwag



NO. 0061 Tadpole Pokémon HT: 3'3" WT: 44.1 lbs.

Hypnosis

Your opponent's Active Pokémon is now Asleep.

Double Slap 30×

Flip 2 coins. This attack does 30 damage for each heads.

weakness ⚡ × 2

resistance

retreat ★ ★

illus. OKACHEKE

H TWI EN 042/167 ●

Its skin is moist all over its body. The skin on its belly spiral also feels smooth.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 2

Poliwrath

HP 170

🌊

Evolves from Poliwhirl



NO. 0062 Tadpole Pokémon HT: 4'3" WT: 119 lbs.

Hypnosis

Your opponent's Active Pokémon is now Asleep.

Jumping Uppercut 120+

You may do 120 more damage. If you do, shuffle this Pokémon and all attached cards into your deck.

weakness ⚡ × 2

resistance

retreat ★ ★ ★

illus. Nisato Niso

H TWI EN 043/167 ◆

It can use its well-developed arms and legs to run on the surface of the water for a split second.

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STAGE 2

Poliwhrath

HP 170

HOLO

Evolves from Poliwhirl

NO. 0062 Tadpole Pokémon HT: 4'3" WT: 119 lbs.

Hypnosis

Your opponent's Active Pokémon is now Asleep.

★ ★

Jumping Uppercut

120+

You may do 120 more damage. If you do, shuffle this Pokémon and all attached cards into your deck.

weakness

⚡ × 2

resistance

retreat

★ ★ ★

illus. Nisoto Niso

H

TWILN

043/167

It can use its well-developed arms and legs to run on the surface of the water for a split second.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Goldeen

HP 50

NO. 0118 Goldfish Pokémon HT: 2' WT: 33.1 lbs.

Ability

Festival Lead

If Festival Grounds is in play, this Pokémon may use an attack it has twice. If the first attack Knocks Out your opponent's Active Pokémon, you may attack again after your opponent chooses a new Active Pokémon.

★ ★

Whirlpool

10

Flip a coin. If heads, discard an Energy from your opponent's Active Pokémon.

weakness

⚡ × 2

resistance

retreat

★

illus. saino misaki

H

TWILN

044/167

Its dorsal, pectoral, and tail fins wave elegantly in water. That is why it is known as the Water Dancer.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Goldeen

HP 50

HOLO

NO. 0118 Goldfish Pokémon HT: 2' WT: 33.1 lbs.

Ability

Festival Lead

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★ ★

Whirlpool

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Flip a coin. If heads, discard an Energy from your opponent's Active Pokémon.

weakness

⚡ × 2

resistance

retreat

★

illus. saino misaki

H

TWILN

044/167

Its dorsal, pectoral, and tail fins wave elegantly in water. That is why it is known as the Water Dancer.

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STAGE 1

Seaking

HP 90

Evolves from Goldeen

NO. 0119 Goldfish Pokémon HT: 4'3" WT: 86 lbs.

Peck Off

50

Before doing damage, discard all Pokémon Tools from your opponent's Active Pokémon.

★ ★ ★

Horn Drill

90

weakness

⚡ × 2

resistance

retreat

★

illus. Gemi

H

TWILN

045/167

In autumn, its body becomes more fatty in preparing to propose to a mate. It takes on beautiful colors.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Seaking

HP 90

HOLO

Evolves from Goldeen

NO. 0119 Goldfish Pokémon HT: 4'3" WT: 86 lbs.

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illus. Gemi

H

TWILN

045/167

In autumn, its body becomes more fatty in preparing to propose to a mate. It takes on beautiful colors.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Jynx

HP 90

NO. 0124 Human Shape Pokémon HT: 4'7" WT: 89.5 lbs.

★

Inviting Kiss

Search your deck for a Basic Pokémon and put it onto your Bench. Then, shuffle your deck. If you put any Pokémon onto your Bench in this way, move an Energy from this Pokémon to the new Benched Pokémon.

Icy Snow

30

weakness

♥ × 2

resistance

retreat

★

illus. Gopao

H

TWILN

046/167

In certain parts of Galar, Jynx was once feared and worshiped as the Queen of Ice.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Jynx

HP 90

HOLO

NO. 0124 Human Shape Pokémon HT: 4'7" WT: 89.5 lbs.

★

Inviting Kiss

Search your deck for a Basic Pokémon and put it onto your Bench. Then, shuffle your deck. If you put any Pokémon onto your Bench in this way, move an Energy from this Pokémon to the new Benched Pokémon.

Icy Snow

30

weakness

♥ × 2

resistance

retreat

★

illus. Gopao

H

TWILN

046/167

In certain parts of Galar, Jynx was once feared and worshiped as the Queen of Ice.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Corphish

HP 80

NO. 0341 Ruffian Pokémon HT: 2' WT: 25.4 lbs.

Vise Grip

60

weakness

⚡ × 2

resistance

retreat

★ ★

illus. Kouki Saihou

H

TWILN

047/167

It can live in impure water, where it doesn't need to compete with other water Pokémon for food, so its numbers have steadily increased.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Corphish

HP 80

HOLO

NO. 0341 Ruffian Pokémon HT: 2' WT: 25.4 lbs.

Vise Grip

60

weakness

⚡ × 2

resistance

retreat

★ ★

illus. Kouki Saihou

H

TWILN

047/167

It can live in impure water, where it doesn't need to compete with other water Pokémon for food, so its numbers have steadily increased.

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STAGE 1

Crawdaunt

HP 130

Evolves from Corphish

NO. 0342 Rogue Pokémon HT: 3'7" WT: 72.3 lbs.

Snip Snip 40

Flip 2 coins. For each heads, discard the top card of your opponent's deck.

Rampaging Hammer 180

During your next turn, this Pokémon can't attack.

weakness × 2

resistance

retreat ★ ★ ★

Illus. Kurata So

H TWINEN 048/167

A rough customer that wildly flails its giant claws. It is said to be extremely hard to raise.

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STAGE 1

Crawdaunt

HP 130

Evolves from Corphish

NO. 0342 Rogue Pokémon HT: 3'7" WT: 72.3 lbs.

Snip Snip 40

Flip 2 coins. For each heads, discard the top card of your opponent's deck.

Rampaging Hammer 180

During your next turn, this Pokémon can't attack.

weakness × 2

resistance

retreat ★ ★ ★

Illus. Kurata So

H TWINEN 048/167

A rough customer that wildly flails its giant claws. It is said to be extremely hard to raise.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Feebas

HP 30

NO. 0349 Fish Pokémon HT: 2' WT: 16.3 lbs.

Flail 10×

This attack does 10 damage for each damage counter on this Pokémon.

weakness × 2

resistance

retreat ★

Illus. Scav

H TWINEN 049/167

It is the shabbiest Pokémon of all. It forms schools and lives at the bottom of rivers that teem with plant life.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Feebas

HP 30

NO. 0349 Fish Pokémon HT: 2' WT: 16.3 lbs.

Flail 10×

This attack does 10 damage for each damage counter on this Pokémon.

weakness × 2

resistance

retreat ★

Illus. Scav

H TWINEN 049/167

It is the shabbiest Pokémon of all. It forms schools and lives at the bottom of rivers that teem with plant life.

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STAGE 1

Milotic

HP 120

Evolves from Feebas

NO. 0350 Tender Pokémon HT: 20'4" WT: 357.1 lbs.

Ability **Mentally Calm**

Your opponent's Pokémon in play and all attached cards can't be put into your opponent's hand.

Hydro Splash 100

weakness × 2

resistance

retreat ★

Illus. Taira Akiho

H TWINEN 050/167

It lives at the bottom of clear lakes. In times of war, it shows itself, which soothes people's minds and hearts.

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STAGE 1

Milotic

HP 120

Evolves from Feebas

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H TWINEN 050/167

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BASIC

Snorunt

HP 60

NO. 0361 Snow Hat Pokémon HT: 2'4" WT: 37 lbs.

Astonish 20

Choose a random card from your opponent's hand. Your opponent reveals that card and shuffles it into their deck.

weakness × 2

resistance

retreat ★

Illus. Mekaya

H TWINEN 051/167

It is said that a home visited by a Snorunt will prosper. It can withstand cold of ~150 degrees Fahrenheit.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Snorunt

HP 60

NO. 0361 Snow Hat Pokémon HT: 2'4" WT: 37 lbs.

Astonish 20

Choose a random card from your opponent's hand. Your opponent reveals that card and shuffles it into their deck.

weakness × 2

resistance

retreat ★

Illus. Mekaya

H TWINEN 051/167

It is said that a home visited by a Snorunt will prosper. It can withstand cold of ~150 degrees Fahrenheit.

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STAGE 1

Glalie

HP 120

Evolves from Snorunt

NO. 0362 Face Pokémon HT: 4'11" WT: 565.5 lbs.

Damage Beat 20×

This attack does 20 damage for each damage counter on your opponent's Active Pokémon.

Crazy Headbutt 140

Discard an Energy from this Pokémon.

weakness × 2

resistance

retreat ★ ★

Illus. Oku

H TWINEN 052/167

It prevents prey from escaping by instantaneously freezing moisture in the air.

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STAGE 1

Glalie

HP 120

HOLO

Evolves from Snorunt

NO. 0362 Face Pokémon. HT: 4'11". WT: 565.5 lbs.

Damage Beat

20×

This attack does 20 damage for each damage counter on your opponent's Active Pokémon.

Crazy Headbutt

140

Discard an Energy from this Pokémon.

weakness

× 2

resistance

retreat

illus. Oka

It prevents prey from escaping by instantaneously freezing moisture in the air.

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STAGE 1

Froslass

HP 90

Evolves from Snorunt

NO. 0478 Snow Land Pokémon. HT: 4'3". WT: 58.6 lbs.

Ability

Freezing Shroud

During Pokémon Checkup, put 1 damage counter on each Pokémon that has an Ability (both yours and your opponent's), except any Froslass.

Frost Smash

60

weakness

× 2

resistance

retreat

illus. Makuro Tami

It freezes prey by blowing its -58 degree Fahrenheit breath. It is said to then secretly display its prey.

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STAGE 1

Froslass

HP 90

HOLO

Evolves from Snorunt

NO. 0478 Snow Land Pokémon. HT: 4'3". WT: 58.6 lbs.

Ability

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During Pokémon Checkup, put 1 damage counter on each Pokémon that has an Ability (both yours and your opponent's), except any Froslass.

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resistance

retreat

illus. Makuro Tami

It freezes prey by blowing its -58 degree Fahrenheit breath. It is said to then secretly display its prey.

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STAGE 1

Glaceon

HP 120

Evolves from Eevee

NO. 0471 Fresh Snow Pokémon. HT: 2'7". WT: 57.1 lbs.

Permeating Chill

30

At the end of your opponent's next turn, put 9 damage counters on the Defending Pokémon.

Icicle Missile

70

weakness

× 2

resistance

retreat

illus. rika

It lowers its body heat to freeze its fur. The hairs then become like needles it can fire.

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STAGE 1

Glaceon

HP 120

HOLO

Evolves from Eevee

NO. 0471 Fresh Snow Pokémon. HT: 2'7". WT: 57.1 lbs.

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30

At the end of your opponent's next turn, put 9 damage counters on the Defending Pokémon.

Icicle Missile

70

weakness

× 2

resistance

retreat

illus. rika

It lowers its body heat to freeze its fur. The hairs then become like needles it can fire.

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BASIC

Phione

HP 70

NO. 0489 Sea Drifter Pokémon. HT: 1'4". WT: 6.8 lbs.

Beckon

Put a Supporter card from your discard pile into your hand.

Energy Press

20×

This attack does 20 damage for each Energy attached to your opponent's Active Pokémon.

weakness

× 2

resistance

retreat

illus. aspara

When the water warms, they inflate the flotation sac on their heads and drift languidly on the sea in packs.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Phione

HP 70

HOLO

NO. 0489 Sea Drifter Pokémon. HT: 1'4". WT: 6.8 lbs.

Beckon

Put a Supporter card from your discard pile into your hand.

Energy Press

20×

This attack does 20 damage for each Energy attached to your opponent's Active Pokémon.

weakness

× 2

resistance

retreat

illus. aspara

When the water warms, they inflate the flotation sac on their heads and drift languidly on the sea in packs.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Froakie

HP 60

NO. 0656 Bubble Frog Pokémon. HT: 1". WT: 15.4 lbs.

Flock

Search your deck for up to 2 Froakie and put them onto your Bench. Then, shuffle your deck.

Flop

10

weakness

× 2

resistance

retreat

illus. Yuka Morii

It secretes flexible bubbles from its chest and back. The bubbles reduce the damage it would otherwise take when attacked.

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BASIC

Froakie

HP 60

HOLO

NO. 0656 Bubble Frog Pokémon. HT: 1". WT: 15.4 lbs.

Flock

Search your deck for up to 2 Froakie and put them onto your Bench. Then, shuffle your deck.

Flop

10

weakness

× 2

resistance

retreat

illus. Yuka Morii

It secretes flexible bubbles from its chest and back. The bubbles reduce the damage it would otherwise take when attacked.

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STAGE 1 **Frogadier** **HP 90** 

Evolves from Froakie



NO. 0657 Bubble Frog Pokémon. HT: 2' WT: 24 lbs.

Water **20**

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

weakness ⚡ × 2 | resistance | retreat ★

Illus. Hitoshi Ariga
H TWIEN 057/167

It can throw bubble-covered pebbles with precise control, hitting empty cans up to a hundred feet away.

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STAGE 1 **Frogadier** **HP 90** **HOLO** 

Evolves from Froakie



NO. 0657 Bubble Frog Pokémon. HT: 2' WT: 24 lbs.

Water **20**

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

weakness ⚡ × 2 | resistance | retreat ★

Illus. Hitoshi Ariga
H TWIEN 057/167

It can throw bubble-covered pebbles with precise control, hitting empty cans up to a hundred feet away.

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BASIC **Cramorant** **HP 110** 



NO. 0845 Gulp Pokémon. HT: 2'7" WT: 39.7 lbs.

Water Gun **20**

Spit Shot **20**

Discard all Energy from this Pokémon. This attack does 120 damage to 1 of your opponent's Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness ⚡ × 2 | resistance | retreat ★

Illus. OKACHEKE
H TWIEN 058/167

It's an incredibly poor learner because it uses the bare minimum amount of energy for its brain. It focuses on battling instead.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Cramorant** **HP 110** **HOLO** 



NO. 0845 Gulp Pokémon. HT: 2'7" WT: 39.7 lbs.

Water Gun **20**

Spit Shot **20**

Discard all Energy from this Pokémon. This attack does 120 damage to 1 of your opponent's Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness ⚡ × 2 | resistance | retreat ★

Illus. OKACHEKE
H TWIEN 058/167

It's an incredibly poor learner because it uses the bare minimum amount of energy for its brain. It focuses on battling instead.

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BASIC **Finizen** **HP 70** 



NO. 0963 Dolphin Pokémon. HT: 4'3" WT: 132.7 lbs.

Aqua Slash **30**

During your next turn, this Pokémon can't attack.

weakness ⚡ × 2 | resistance | retreat ★

Illus. Norumi Sato
H TWIEN 059/167

Its water ring is made from seawater mixed with a sticky fluid that Finizen secretes from its blowhole.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Finizen** **HP 70** **HOLO** 



NO. 0963 Dolphin Pokémon. HT: 4'3" WT: 132.7 lbs.

Aqua Slash **30**

During your next turn, this Pokémon can't attack.

weakness ⚡ × 2 | resistance | retreat ★

Illus. Norumi Sato
H TWIEN 059/167

Its water ring is made from seawater mixed with a sticky fluid that Finizen secretes from its blowhole.

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STAGE 1 **Palafin** **HP 100** 

Evolves from Finizen



NO. 0964 Dolphin Pokémon. HT: 4'3" WT: 132.7 lbs.

Ability Zero to Hero

Once during your turn, when this Pokémon moves from the Active Spot to the Bench, you may search your deck for a Palafin **EX** and switch it with this Pokémon. Any attached cards, damage counters, Special Conditions, turns in play, and any other effects remain on the new Pokémon. If you switched a Pokémon in this way, put this card into your deck. Then, shuffle your deck.

Wave Splash **30**

weakness ⚡ × 2 | resistance | retreat ★

Illus. Lighton
H TWIEN 060/167

Its physical capabilities are no different than a Finizen's, but when its allies are in danger, it transforms and powers itself up.

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STAGE 1 **Palafin** **HP 100** **HOLO** 

Evolves from Finizen



NO. 0964 Dolphin Pokémon. HT: 4'3" WT: 132.7 lbs.

Ability Zero to Hero

Once during your turn, when this Pokémon moves from the Active Spot to the Bench, you may search your deck for a Palafin **EX** and switch it with this Pokémon. Any attached cards, damage counters, Special Conditions, turns in play, and any other effects remain on the new Pokémon. If you switched a Pokémon in this way, put this card into your deck. Then, shuffle your deck.

Wave Splash **30**

weakness ⚡ × 2 | resistance | retreat ★

Illus. Lighton
H TWIEN 060/167

Its physical capabilities are no different than a Finizen's, but when its allies are in danger, it transforms and powers itself up.

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STAGE 1 **Palafin EX** **HP 340** 

Evolves from Finizen



Ability Hero's Spirit

Put this Pokémon into play only with the effect of Palafin's Zero to Hero Ability.

Giga Impact **250**

During your next turn, this Pokémon can't attack.

weakness ⚡ × 2 | resistance | retreat ★ ★

Illus. PLANETA Mochizuki
H TWIEN 061/167

Pokémon EX rule When your Pokémon **EX** is Knocked Out, your opponent takes 2 Prize cards.

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BASIC Iron Bundle **HP 90** **Future**



NO. 0991 Paradox Pokémon. HT: 2' WT: 24.3 lbs.

Interjet 60
Switch this Pokémon with 1 of your Benched Pokémon. If you do, switch out your opponent's Active Pokémon to the Bench. (Your opponent chooses the new Active Pokémon.)

weakness ⚡ × 2 | resistance | retreat ★

illus. nagimiso
H TWIEN 062/167 ♦

It resembles a mysterious object mentioned in an old book. There are only two reported sightings of this Pokémon.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC Iron Bundle **HP 90** **Future** **HOLO**



NO. 0991 Paradox Pokémon. HT: 2' WT: 24.3 lbs.

Interjet 60
Switch this Pokémon with 1 of your Benched Pokémon. If you do, switch out your opponent's Active Pokémon to the Bench. (Your opponent chooses the new Active Pokémon.)

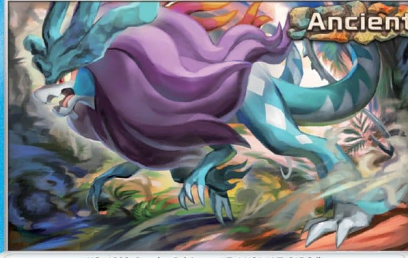
weakness ⚡ × 2 | resistance | retreat ★

illus. nagimiso
H TWIEN 062/167 ♦

It resembles a mysterious object mentioned in an old book. There are only two reported sightings of this Pokémon.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC Walking Wake **HP 130** **Ancient**



NO. 1009 Paradox Pokémon. HT: 11'6" WT: 617.3 lbs.

Aurora Gain 20
Heal 20 damage from this Pokémon.

Undulating Slice 20×
Put up to 9 damage counters on this Pokémon. This attack does 20 damage for each damage counter you placed in this way.

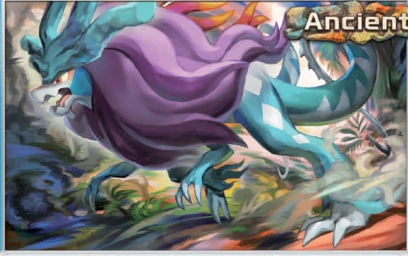
weakness ⚡ × 2 | resistance | retreat ★

illus. kawayao
H TWIEN 063/167 ★

This ferocious creature is shrouded in mystery. It's named after an aquatic monster mentioned in an old expedition journal.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC Walking Wake **HP 130** **Ancient** **HOLO**



NO. 1009 Paradox Pokémon. HT: 11'6" WT: 617.3 lbs.

Aurora Gain 20
Heal 20 damage from this Pokémon.

Undulating Slice 20×
Put up to 9 damage counters on this Pokémon. This attack does 20 damage for each damage counter you placed in this way.

weakness ⚡ × 2 | resistance | retreat ★

illus. kawayao
H TWIEN 063/167 ★

This ferocious creature is shrouded in mystery. It's named after an aquatic monster mentioned in an old expedition journal.

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BASIC Wellspring Mask Ogerpon **EX** **HP 210** **Tera**



As long as this Pokémon is on your Bench, prevent all damage done to this Pokémon by attacks (both yours and your opponent's).

Sob 20
During your opponent's next turn, the Defending Pokémon can't retreat.

Torrential Pump 100
You may shuffle 3 Energy attached to this Pokémon into your deck. If you do, this attack also does 120 damage to 1 of your opponent's Benched Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness ⚡ × 2 | resistance | retreat ★

illus. Shon Graphics
H TWIEN 064/167 ★★

Pokémon EX rule When your Pokémon EX is Knocked Out, your opponent takes 2 Prize cards.

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BASIC Zapdos **HP 120**



NO. 0145 Electric Pokémon. HT: 5'3" WT: 116 lbs.

Thunder Wave
Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

Thunderbolt 190
Discard all Energy from this Pokémon.

weakness ⚡ × 2 | resistance ⚡ -30 | retreat ★ ★

illus. GOSSAN
H TWIEN 065/167 ★

This Pokémon has complete control over electricity. There are tales of Zapdos nesting in the dark depths of pitch-black thunderclouds.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC Zapdos **HP 120** **HOLO**



NO. 0145 Electric Pokémon. HT: 5'3" WT: 116 lbs.

Thunder Wave
Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

Thunderbolt 190
Discard all Energy from this Pokémon.

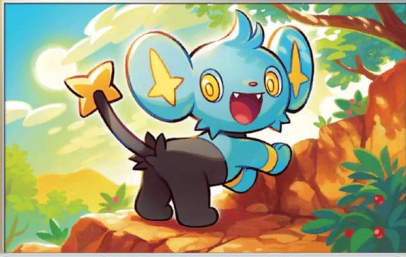
weakness ⚡ × 2 | resistance ⚡ -30 | retreat ★ ★

illus. GOSSAN
H TWIEN 065/167 ★

This Pokémon has complete control over electricity. There are tales of Zapdos nesting in the dark depths of pitch-black thunderclouds.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC Shinx **HP 60**



NO. 0403 Flash Pokémon. HT: 1'8" WT: 20.9 lbs.

Curiosity
Your opponent reveals their hand.

Static Shock 30

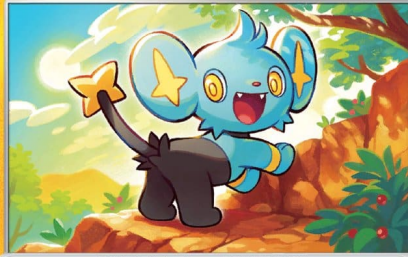
weakness ⚡ × 2 | resistance | retreat ★

illus. Yuu Nishida
H TWIEN 066/167 ●

The extension and contraction of its muscles generates electricity. Its fur glows when it's in trouble.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC Shinx **HP 60** **HOLO**



NO. 0403 Flash Pokémon. HT: 1'8" WT: 20.9 lbs.

Curiosity
Your opponent reveals their hand.

Static Shock 30

weakness ⚡ × 2 | resistance | retreat ★

illus. Yuu Nishida
H TWIEN 066/167 ●

The extension and contraction of its muscles generates electricity. Its fur glows when it's in trouble.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK



BASIC

Morpeko

HP 70

⚡

NO. 0877 Two-Sided Pokémon HT: 1' WT: 6.6 lbs.

Ability

Snack Seek

Once during your turn, you may look at the top card of your deck. You may discard that card.

⚡

Pick and Stick

Attach up to 2 Basic Energy cards from your discard pile to your Pokémon in any way you like.

weakness ⚡ × 2

resistance

retreat *

illus. kodama

H TWIMEN 072/167 ♦

It has a small stomach. If it isn't constantly eating the seeds it keeps in its pockets, it will get hungry immediately.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Morpeko

HP 70

HOLO

⚡

NO. 0877 Two-Sided Pokémon HT: 1' WT: 6.6 lbs.

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retreat *

illus. kodama

H TWIMEN 072/167 ♦

It has a small stomach. If it isn't constantly eating the seeds it keeps in its pockets, it will get hungry immediately.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Tadbulb

HP 50

⚡

NO. 0938 EleTadpole Pokémon HT: 1' WT: 0.9 lbs.

Tackle

10

⚡ *

Electro Ball

20

weakness ⚡ × 2

resistance

retreat *

illus. nisimono

H TWIMEN 073/167 ●

It floats using the electricity stored in its body. When thunderclouds are around, Tadbulb will float higher off the ground.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Tadbulb

HP 50

HOLO

⚡

NO. 0938 EleTadpole Pokémon HT: 1' WT: 0.9 lbs.

Tackle

10

⚡ *

Electro Ball

20

weakness ⚡ × 2

resistance

retreat *

illus. nisimono

H TWIMEN 073/167 ●

It floats using the electricity stored in its body. When thunderclouds are around, Tadbulb will float higher off the ground.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Bellibolt

HP 140

⚡

Evolves from Tadbulb

NO. 0939 EleFrog Pokémon HT: 3'11" WT: 249.1 lbs.

⚡ *

Thunder Shock

50

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

⚡ ⚡ *

Electric Ball

130

weakness ⚡ × 2

resistance

retreat * * *

illus. mina nakai

H TWIMEN 074/167 ♦

What appear to be eyeballs are actually organs for discharging the electricity generated by Bellibolt's belly-button dynamo.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Bellibolt

HP 140

HOLO

⚡

Evolves from Tadbulb

NO. 0939 EleFrog Pokémon HT: 3'11" WT: 249.1 lbs.

⚡ *

Thunder Shock

50

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

⚡ ⚡ *

Electric Ball

130

weakness ⚡ × 2

resistance

retreat * * *

illus. mina nakai

H TWIMEN 074/167 ♦

What appear to be eyeballs are actually organs for discharging the electricity generated by Bellibolt's belly-button dynamo.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Wattrel

HP 60

⚡

NO. 0940 Storm Petrel Pokémon HT: 1'4" WT: 7.9 lbs.

⚡

Thunder Shock

10

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

weakness ⚡ × 2

resistance ⚡ -30

retreat *

illus. teeziro

H TWIMEN 075/167 ●

These Pokémon make their nests on coastal cliffs. The nests have a strange, crackling texture, and they're a popular delicacy.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Wattrel

HP 60

HOLO

⚡

NO. 0940 Storm Petrel Pokémon HT: 1'4" WT: 7.9 lbs.

⚡

Thunder Shock

10

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

weakness ⚡ × 2

resistance ⚡ -30

retreat *

illus. teeziro

H TWIMEN 075/167 ●

These Pokémon make their nests on coastal cliffs. The nests have a strange, crackling texture, and they're a popular delicacy.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Kilowattrel

HP 120

⚡

Evolves from Wattrel

NO. 0941 Frigatebird Pokémon HT: 4'7" WT: 85.1 lbs.

*

Wind Power Charge

10

During your next turn, attacks used by this Pokémon do 120 more damage to your opponent's Active Pokémon (before applying Weakness and Resistance).

⚡ *

Strong Volt

100

Discard an Energy from this Pokémon.

weakness ⚡ × 2

resistance ⚡ -30

retreat *

illus. anesaki dynamic

H TWIMEN 076/167 ♦

It uses its throat sac to store electricity generated by its wings. There's hardly any oil in its leathers, so it is a poor swimmer.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Kilowattrel

HP 120

HOLO

Evolves from Wattrel

NO. 0941 / Frigatebird Pokémon / HT: 4'7" / WT: 85.1 lbs.

★

Wind Power Charge

10

During your next turn, attacks used by this Pokémon do 120 more damage to your opponent's Active Pokémon (before applying Weakness and Resistance).

⚡ ★

Strong Volt

100

Discard an Energy from this Pokémon.

weakness ⚡ × 2

resistance ♀ -30

retreat ★

illus. Anesaki Dynamic

H

TW

EN

076 / 167

◆

It uses its throat sac to store electricity generated by its wings. There's hardly any oil in its feathers, so it is a poor swimmer.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Iron ThornsEX

HP 230

⚡

Future

NO. 0942 / Crystal Pokémon / HT: 5'10" / WT: 150 lbs.

Ability Initialization

As long as this Pokémon is in the Active Spot, Pokémon with a Rule Box in play (both yours and your opponent's) have no Abilities, except for Future Pokémon. (Pokémon EX, Pokémon V, etc. have Rule Boxes.)

⚡ ★ ★

Volt Cyclone

140

Move an Energy from this Pokémon to 1 of your Benched Pokémon.

weakness ♀ × 2

resistance

retreat ★ ★ ★ ★

Pokémon EX rule

When your Pokémon EX is Knocked Out, your opponent takes 2 Prize cards.

illus. PLANETA Mochizuki

H

TW

EN

077 / 167

★ ★

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Clefairy

HP 60

👁

NO. 0035 / Fairy Pokémon / HT: 2' / WT: 16.5 lbs.

★ ★

Moon Kick

40

weakness 🌙 × 2

resistance

retreat ★

illus. Sanosuke Sakuma

H

TW

EN

078 / 167

●

On nights with a full moon, they gather together and dance. The surrounding area is enveloped in an abnormal magnetic field.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Clefairy

HP 60

HOLO

NO. 0035 / Fairy Pokémon / HT: 2' / WT: 16.5 lbs.

★ ★

Moon Kick

40

weakness 🌙 × 2

resistance

retreat ★

illus. Sanosuke Sakuma

H

TW

EN

078 / 167

●

On nights with a full moon, they gather together and dance. The surrounding area is enveloped in an abnormal magnetic field.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Clefable

HP 120

👁

Evolves from Clefairy

NO. 0036 / Fairy Pokémon / HT: 4'3" / WT: 88.2 lbs.

★ ★

Metronome

Choose 1 of your opponent's Active Pokémon's attacks and use it as this attack.

👁 ★ ★

Magical Shot

100

weakness 🌙 × 2

resistance

retreat ★ ★

illus. satoma

H

TW

EN

079 / 167

◆

It has an acute sense of hearing. It can easily hear a pin being dropped nearly 1,100 yards away.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Clefable

HP 120

HOLO

Evolves from Clefairy

NO. 0036 / Fairy Pokémon / HT: 4'3" / WT: 88.2 lbs.

★ ★

Metronome

Choose 1 of your opponent's Active Pokémon's attacks and use it as this attack.

👁 ★ ★

Magical Shot

100

weakness 🌙 × 2

resistance

retreat ★ ★

illus. satoma

H

TW

EN

079 / 167

◆

It has an acute sense of hearing. It can easily hear a pin being dropped nearly 1,100 yards away.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Abra

HP 40

👁

NO. 0063 / Psi Pokémon / HT: 2'11" / WT: 43 lbs.

Ability Teleporter

Once during your turn, if this Pokémon is in the Active Spot, you may shuffle it and all attached cards into your deck.

👁

Beam

10

weakness 🌙 × 2

resistance ♀ -30

retreat ★

illus. Kariya

H

TW

EN

080 / 167

●

This Pokémon uses its psychic powers while it sleeps. The contents of Abra's dreams affect the powers that the Pokémon wields.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Abra

HP 40

HOLO

NO. 0063 / Psi Pokémon / HT: 2'11" / WT: 43 lbs.

Ability Teleporter

Once during your turn, if this Pokémon is in the Active Spot, you may shuffle it and all attached cards into your deck.

👁

Beam

10

weakness 🌙 × 2

resistance ♀ -30

retreat ★

illus. Kariya

H

TW

EN

080 / 167

●

This Pokémon uses its psychic powers while it sleeps. The contents of Abra's dreams affect the powers that the Pokémon wields.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Kadabra

HP 80

👁

Evolves from Abra

NO. 0064 / Psi Pokémon / HT: 4'3" / WT: 124.6 lbs.

👁

Psychic

10+

This attack does 30 more damage for each Energy attached to your opponent's Active Pokémon.

weakness 🌙 × 2

resistance ♀ -30

retreat ★

illus. Uninari

H

TW

EN

081 / 167

●

Using its psychic power, Kadabra levitates as it sleeps. It uses its springy tail as a pillow.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Kadabra

HP 80

HOLO

Evolves from Abra

NO. 0064 Psi Pokémon HT: 4'3" WT: 124.6 lbs.

Psychic 10+

This attack does 30 more damage for each Energy attached to your opponent's Active Pokémon.

weakness x2

resistance -30

retreat

Illus. Uminori

Using its psychic power, Kadabra levitates as it sleeps. It uses its springy tail as a pillow.

H TWIN EN 081/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 2

Alakazam

HP 140

HOLO

Evolves from Kadabra

NO. 0065 Psi Pokémon HT: 4'11" WT: 105.8 lbs.

Strange Hacking

Your opponent's Active Pokémon is now Confused. You may move any number of damage counters from your opponent's Pokémon to their other Pokémon in any way you like.

Psychic 10+

This attack does 50 more damage for each Energy attached to your opponent's Active Pokémon.

weakness x2

resistance -30

retreat

Illus. Masako Tamii

It has an incredibly high level of intelligence. Some say that Alakazam remembers everything that ever happens to it, from birth till death.

H TWIN EN 082/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 2

Alakazam

HP 140

HOLO

Evolves from Kadabra

NO. 0065 Psi Pokémon HT: 4'11" WT: 105.8 lbs.

Strange Hacking

Your opponent's Active Pokémon is now Confused. You may move any number of damage counters from your opponent's Pokémon to their other Pokémon in any way you like.

Psychic 10+

This attack does 50 more damage for each Energy attached to your opponent's Active Pokémon.

weakness x2

resistance -30

retreat

Illus. Masako Tamii

It has an incredibly high level of intelligence. Some say that Alakazam remembers everything that ever happens to it, from birth till death.

H TWIN EN 082/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Girafarig

HP 100

NO. 0203 Long Neck Pokémon HT: 4'11" WT: 91.5 lbs.

Dual Headbutt 30

This attack also does 10 damage to 1 of your Benched Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness x2

resistance -30

retreat

Illus. Shinji Kanda

Girafarig's tail has a small head. It instinctively bites at any foe that approaches the Pokémon from behind.

H TWIN EN 083/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Girafarig

HP 100

HOLO

NO. 0203 Long Neck Pokémon HT: 4'11" WT: 91.5 lbs.

Dual Headbutt 30

This attack also does 10 damage to 1 of your Benched Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness x2

resistance -30

retreat

Illus. Shinji Kanda

Girafarig's tail has a small head. It instinctively bites at any foe that approaches the Pokémon from behind.

H TWIN EN 083/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Farigiraf

HP 140

Evolves from Girafarig

NO. 0981 Long Neck Pokémon HT: 10'6" WT: 352.7 lbs.

One-derful Rumble 40x

This attack does 40 damage for each of your Stage 1 Pokémon in play.

Eerie Wave 80

Your opponent's Active Pokémon is now Confused.

weakness x2

resistance -30

retreat

Illus. Dsuke

The hardened head from the tail protects the head of the main body as Farigiraf whips its long neck around to headbutt enemies.

H TWIN EN 084/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Farigiraf

HP 140

HOLO

Evolves from Girafarig

NO. 0981 Long Neck Pokémon HT: 10'6" WT: 352.7 lbs.

One-derful Rumble 40x

This attack does 40 damage for each of your Stage 1 Pokémon in play.

Eerie Wave 80

Your opponent's Active Pokémon is now Confused.

weakness x2

resistance -30

retreat

Illus. Dsuke

The hardened head from the tail protects the head of the main body as Farigiraf whips its long neck around to headbutt enemies.

H TWIN EN 084/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Chimecho

HP 70

NO. 0358 Wind Chime Pokémon HT: 2' WT: 2.2 lbs.

Hyper Voice 20

Homeward Chime

Shuffle 1 of your Benched Pokémon and all attached cards into your deck.

weakness x2

resistance -30

retreat

Illus. Mousho

Its cries echo inside its hollow body to emerge as beautiful notes for startling and repelling foes.

H TWIN EN 085/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Chimecho

HP 70

HOLO

NO. 0358 Wind Chime Pokémon HT: 2' WT: 2.2 lbs.

Hyper Voice 20

Homeward Chime

Shuffle 1 of your Benched Pokémon and all attached cards into your deck.

weakness x2

resistance -30

retreat

Illus. Mousho

Its cries echo inside its hollow body to emerge as beautiful notes for startling and repelling foes.

H TWIN EN 085/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Flabébé

HP 40

NO. 0669 Single Bloom Pokémon HT: 4" WT: 0.2 lbs.

★

Bind Wound

Heal 30 damage from 1 of your Pokémon.

👁

Fairy Wind

10

weakness

👁 × 2

resistance

retreat

★

illus. Yukiko Baba

H

TW

086/167

This Flabébé rides a red flower. Immediately after birth, this Pokémon begins flying around in search of a flower it likes.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Flabébé

HP 40

HOLO

NO. 0669 Single Bloom Pokémon HT: 4" WT: 0.2 lbs.

★

Bind Wound

Heal 30 damage from 1 of your Pokémon.

👁

Fairy Wind

10

weakness

👁 × 2

resistance

retreat

★

illus. Yukiko Baba

H

TW

086/167

This Flabébé rides a red flower. Immediately after birth, this Pokémon begins flying around in search of a flower it likes.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Floette

HP 70

Evolves from Flabébé

NO. 0670 Single Bloom Pokémon HT: 8" WT: 2 lbs.

★

Minor Errand-Running

Search your deck for up to 3 Basic Energy cards, reveal them, and put them into your hand. Then, shuffle your deck.

👁 ★

Spinning Attack

40

weakness

👁 × 2

resistance

retreat

★

illus. mingo

H

TW

087/167

This Pokémon uses red wavelengths of light to pour its own energy into flowers and draw forth their latent potential.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Floette

HP 70

HOLO

Evolves from Flabébé

NO. 0670 Single Bloom Pokémon HT: 8" WT: 2 lbs.

★

Minor Errand-Running

Search your deck for up to 3 Basic Energy cards, reveal them, and put them into your hand. Then, shuffle your deck.

👁 ★

Spinning Attack

40

weakness

👁 × 2

resistance

retreat

★

illus. mingo

H

TW

087/167

This Pokémon uses red wavelengths of light to pour its own energy into flowers and draw forth their latent potential.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 2

Florges

HP 140

Evolves from Floette

NO. 0671 Garden Pokémon HT: 3'7" WT: 22 lbs.

Ability

Captivating Invitation

Once during your turn, you may flip a coin. If heads, switch in 1 of your opponent's Benched Pokémon to the Active Spot, and the new Active Pokémon is now Confused.

👁 ★

Magical Shot

120

weakness

👁 × 2

resistance

retreat

★ ★

illus. Lighton

H

TW

088/167

They say that flower gardens created by Florges are constantly showered with a power that can heal both body and spirit.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 2

Florges

HP 140

HOLO

Evolves from Floette

NO. 0671 Garden Pokémon HT: 3'7" WT: 22 lbs.

Ability

Captivating Invitation

Once during your turn, you may flip a coin. If heads, switch in 1 of your opponent's Benched Pokémon to the Active Spot, and the new Active Pokémon is now Confused.

👁 ★

Magical Shot

120

weakness

👁 × 2

resistance

retreat

★ ★

illus. Lighton

H

TW

088/167

They say that flower gardens created by Florges are constantly showered with a power that can heal both body and spirit.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Swirlix

HP 50

NO. 0684 Cotton Candy Pokémon HT: 1'4" WT: 7.7 lbs.

Ability

Festival Lead

If Festival Grounds is in play, this Pokémon may use an attack it has twice. If the first attack Knocks Out your opponent's Active Pokémon, you may attack again after your opponent chooses a new Active Pokémon.

👁

Sneaky Placement

Put 2 damage counters on 1 of your opponent's Pokémon.

weakness

👁 × 2

resistance

retreat

★

illus. Akira Komayama

H

TW

089/167

It eats its own weight in sugar every day. If it doesn't get enough sugar, it becomes incredibly grumpy.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Swirlix

HP 50

HOLO

NO. 0684 Cotton Candy Pokémon HT: 1'4" WT: 7.7 lbs.

Ability

Festival Lead

If Festival Grounds is in play, this Pokémon may use an attack it has twice. If the first attack Knocks Out your opponent's Active Pokémon, you may attack again after your opponent chooses a new Active Pokémon.

👁

Sneaky Placement

Put 2 damage counters on 1 of your opponent's Pokémon.

weakness

👁 × 2

resistance

retreat

★

illus. Akira Komayama

H

TW

089/167

It eats its own weight in sugar every day. If it doesn't get enough sugar, it becomes incredibly grumpy.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Slurpuff

HP 120

Evolves from Swirlix

NO. 0685 Meringue Pokémon HT: 2'7" WT: 11 lbs.

👁 ★

Slurp Slurp

90×

Flip 2 coins. This attack does 90 damage for each heads. If both of them are tails, your opponent's Active Pokémon is now Confused.

weakness

👁 × 2

resistance

retreat

★ ★

illus. mingo

H

TW

090/167

By taking in a person's scent, it can sniff out their mental and physical condition. It's hoped that this skill will have many medical applications.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Munkidori

HP 110

HOLO

NO. 1015 Retainer Pokémon HT: 3'3" WT: 26.9 lbs.

Ability

Adrena-Brain

Once during your turn, if this Pokémon has any Energy attached, you may move up to 3 damage counters from 1 of your Pokémon to 1 of your opponent's Pokémon.

Mind Bend

60

Your opponent's Active Pokémon is now Confused.

weakness x 2

resistance -30

retreat

illus. kodama

H

TW

EN

095/167

★

Munkidori keeps itself somewhere safe while it toys with its foes, using psychokinesis to induce intense dizziness.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Fezandipiti

HP 120

NO. 1016 Retainer Pokémon HT: 4'7" WT: 66.4 lbs.

Ability

Adrena-Pheromone

If this Pokémon has any Energy attached and is damaged by an attack, flip a coin. If heads, prevent that damage.

Energy Feather

30x

This attack does 30 damage for each Energy attached to this Pokémon.

weakness x 2

resistance

retreat

illus. Kouki Sailou

H

TW

EN

096/167

★

Fezandipiti beats its glossy wings to scatter pheromones that captivate people and Pokémon.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Fezandipiti

HP 120

HOLO

NO. 1016 Retainer Pokémon HT: 4'7" WT: 66.4 lbs.

Ability

Adrena-Pheromone

If this Pokémon has any Energy attached and is damaged by an attack, flip a coin. If heads, prevent that damage.

Energy Feather

30x

This attack does 30 damage for each Energy attached to this Pokémon.

weakness x 2

resistance

retreat

illus. Kouki Sailou

H

TW

EN

096/167

★

Fezandipiti beats its glossy wings to scatter pheromones that captivate people and Pokémon.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Sandshrew

HP 60

NO. 0027 Mouse Pokémon HT: 2' WT: 26.5 lbs.

Rollout

10

Double Scratch

20x

Flip 2 coins. This attack does 20 damage for each heads.

weakness x 2

resistance

retreat

illus. Tetsu Kayama

H

TW

EN

097/167

●

No matter how high a place it falls from, this Pokémon can save itself by rolling into a ball and bouncing.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Sandshrew

HP 60

HOLO

NO. 0027 Mouse Pokémon HT: 2' WT: 26.5 lbs.

Rollout

10

Double Scratch

20x

Flip 2 coins. This attack does 20 damage for each heads.

weakness x 2

resistance

retreat

illus. Tetsu Kayama

H

TW

EN

097/167

●

No matter how high a place it falls from, this Pokémon can save itself by rolling into a ball and bouncing.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Sandslash

HP 120

Evolves from Sandshrew

NO. 0028 Mouse Pokémon HT: 3'3" WT: 65 lbs.

Dig Claws

30

Earthquake

120

This attack also does 10 damage to each of your Benched Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness x 2

resistance

retreat

illus. Nisato Niso

H

TW

EN

098/167

◆

The spikes on its body are made up of its hardened hide. It rolls up and attacks foes with its spikes.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Sandslash

HP 120

HOLO

Evolves from Sandshrew

NO. 0028 Mouse Pokémon HT: 3'3" WT: 65 lbs.

Dig Claws

30

Earthquake

120

This attack also does 10 damage to each of your Benched Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness x 2

resistance

retreat

illus. Nisato Niso

H

TW

EN

098/167

◆

The spikes on its body are made up of its hardened hide. It rolls up and attacks foes with its spikes.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Hisuian Growlithe

HP 80

NO. 0058 Scout Pokémon HT: 2'7" WT: 50 lbs.

Blazing Destruction

Discard a Stadium in play.

Take Down

40

This Pokémon also does 10 damage to itself.

weakness x 2

resistance

retreat

illus. Whisker

H

TW

EN

099/167

●

They patrol their territory in pairs. I believe the igneous rock components in the fur of this species are the result of volcanic activity in its habitat.

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BASIC

Hisuian Growlithe

HP 80

HOLO

NO. 0058 Scout Pokémon HT: 2'7" WT: 50 lbs.

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STAGE 1

Glimmora

HP 130

HOLO

Evolves from Glimmet

NO. 0970. Ore Pokémon. HT: 4'11". WT: 99.2 lbs.

★

Stun Poison

Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed and Poisoned.

Venoshock

30+

If your opponent's Active Pokémon is Poisoned, this attack does 100 more damage.

weakness

× 2

resistance

retreat

★ ★ ★

Illus. Kazumasa Sasakura

109/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Glimmora's petals are made of crystallized poison energy. It has recently become evident that these petals resemble Tera Jewels.

BASIC

Ting-Lu

HP 140

NO. 1003. Ruinous Pokémon. HT: 8'10". WT: 1542.6 lbs.

Ground Crasher

30

If a Stadium is in play, this attack also does 30 damage to each of your opponent's Benched Pokémon, and discard that Stadium. (Don't apply Weakness and Resistance for Benched Pokémon.)

★

Hammer In

110

weakness

× 2

resistance

retreat

★ ★ ★

Illus. Anesaki Dynamic

110/167

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It slowly brings its exceedingly heavy head down upon the ground, splitting the earth open with huge fissures that run over 160 feet deep.

BASIC

Ting-Lu

HP 140

HOLO

NO. 1003. Ruinous Pokémon. HT: 8'10". WT: 1542.6 lbs.

Ground Crasher

30

If a Stadium is in play, this attack also does 30 damage to each of your opponent's Benched Pokémon, and discard that Stadium. (Don't apply Weakness and Resistance for Benched Pokémon.)

★

Hammer In

110

weakness

× 2

resistance

retreat

★ ★ ★

Illus. Anesaki Dynamic

110/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

It slowly brings its exceedingly heavy head down upon the ground, splitting the earth open with huge fissures that run over 160 feet deep.

BASIC

Okidogi

HP 130

NO. 1014. Retainer Pokémon. HT: 5'11". WT: 203.3 lbs.

Ability

Adrena-Power

If this Pokémon has any Energy attached, it gets +100 HP, and the attacks it uses do 100 more damage to your opponent's Active Pokémon (before applying Weakness and Resistance).

Good Punch

70

weakness

× 2

resistance

retreat

★ ★

Illus. Souichirou Gunjima

111/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Okidogi is a ruffian with a short temper. It can pulverize anything by swinging around the chain on its neck.

BASIC

Okidogi

HP 130

HOLO

NO. 1014. Retainer Pokémon. HT: 5'11". WT: 203.3 lbs.

Ability

Adrena-Power

If this Pokémon has any Energy attached, it gets +100 HP, and the attacks it uses do 100 more damage to your opponent's Active Pokémon (before applying Weakness and Resistance).

Good Punch

70

weakness

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resistance

retreat

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Illus. Souichirou Gunjima

111/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Okidogi is a ruffian with a short temper. It can pulverize anything by swinging around the chain on its neck.

BASIC

Cornerstone Mask Ogerpon

HP 210

HOLO

As long as this Pokémon is on your Bench, prevent all damage done to this Pokémon by attacks (both yours and your opponent's).

NO. 1014. Retainer Pokémon. HT: 5'11". WT: 203.3 lbs.

Ability

Cornerstone Stance

Prevent all damage from attacks done to this Pokémon by your opponent's Pokémon that have an Ability.

★ ★ ★

Demolish

140

This attack's damage isn't affected by Weakness or Resistance, or by any effects on your opponent's Active Pokémon.

weakness

× 2

resistance

retreat

★

Illus. Shon Graphics

112/167

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Pokémon EX rule When your Pokémon EX is Knocked Out, your opponent takes 2 Prize cards.

BASIC

Poochyena

HP 70

NO. 0261. Bite Pokémon. HT: 1'8". WT: 30 lbs.

Continuous Steps

10×

Flip a coin until you get tails. This attack does 10 damage for each heads.

★

Darkness Fang

20

weakness

× 2

resistance

retreat

★

Illus. Shibuzoh

113/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Poochyena pursue their prey in packs. Once the prey is exhausted, the pack finishes it off. But sometimes the prey retaliates, and the pack flees.

BASIC

Poochyena

HP 70

HOLO

NO. 0261. Bite Pokémon. HT: 1'8". WT: 30 lbs.

Continuous Steps

10×

Flip a coin until you get tails. This attack does 10 damage for each heads.

★

Darkness Fang

20

weakness

× 2

resistance

retreat

★

Illus. Shibuzoh

113/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Poochyena pursue their prey in packs. Once the prey is exhausted, the pack finishes it off. But sometimes the prey retaliates, and the pack flees.

STAGE 1

Mightyena

HP 120

Evolves from Poochyena

NO. 0262. Bite Pokémon. HT: 3'3". WT: 81.6 lbs.

Hunting Pack

30+

If Mightyena is on your Bench, this attack does 90 more damage.

★

Corner

60

During your opponent's next turn, the Defending Pokémon can't retreat.

weakness

× 2

resistance

retreat

★

Illus. Kawayao

114/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Once it's caught the scent of faraway prey, the leader gives a signal, and the whole pack moves out.

BASIC

Skarmory

HP 120

NO. 0227 Armor Bird Pokémon. HT: 5'7" WT: 111.3 lbs.

Cutting Wind
30

Big Storm
90

Discard a Stadium in play.

weakness

× 2

resistance

-30

retreat

illus. foib

H

TW

EN

119/167

People fashion swords from Skarmory's shed feathers, so this Pokémon is a popular element in heraldic designs.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Skarmory

HP 120

NO. 0227 Armor Bird Pokémon. HT: 5'7" WT: 111.3 lbs.

Cutting Wind
30

Big Storm
90

Discard a Stadium in play.

weakness

× 2

resistance

-30

retreat

illus. foib

H

TW

EN

119/167

People fashion swords from Skarmory's shed feathers, so this Pokémon is a popular element in heraldic designs.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Aron

HP 70

NO. 0304 Iron Armor Pokémon. HT: 1'4" WT: 132.3 lbs.

Double-Edge
20

This Pokémon also does 10 damage to itself.

weakness

× 2

resistance

-30

retreat

illus. Gapao

H

TW

EN

120/167

It eats iron ore—and sometimes railroad tracks—to build up the steel armor that protects its body.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Aron

HP 70

NO. 0304 Iron Armor Pokémon. HT: 1'4" WT: 132.3 lbs.

Double-Edge
20

This Pokémon also does 10 damage to itself.

weakness

× 2

resistance

-30

retreat

illus. Gapao

H

TW

EN

120/167

It eats iron ore—and sometimes railroad tracks—to build up the steel armor that protects its body.

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STAGE 1

Lairon

HP 110

Evolves from Aron

NO. 0305 Iron Armor Pokémon. HT: 2'11" WT: 264.6 lbs.

Steel Tackle
40

This Pokémon also does 20 damage to itself.

Metal Claw
60

weakness

× 2

resistance

-30

retreat

illus. takashi shiraishi

H

TW

EN

121/167

Lairon live in mountains brimming with spring water and iron ore, so these Pokémon often came into conflict with humans in the past.

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STAGE 1

Lairon

HP 110

Evolves from Aron

NO. 0305 Iron Armor Pokémon. HT: 2'11" WT: 264.6 lbs.

Steel Tackle
40

This Pokémon also does 20 damage to itself.

Metal Claw
60

weakness

× 2

resistance

-30

retreat

illus. takashi shiraishi

H

TW

EN

121/167

Lairon live in mountains brimming with spring water and iron ore, so these Pokémon often came into conflict with humans in the past.

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STAGE 2

Aggron

HP 180

Evolves from Lairon

NO. 0306 Iron Armor Pokémon. HT: 6'11" WT: 793.7 lbs.

Angry Slam
50×

This attack does 50 damage for each of your Pokémon that has any damage counters on it.

Guard Claw
120

During your opponent's next turn, this Pokémon takes 50 less damage from attacks (after applying Weakness and Resistance).

weakness

× 2

resistance

-30

retreat

illus. Druke

H

TW

EN

122/167

Aggron has a horn sharp enough to perforate thick iron sheets. It brings down its opponents by ramming into them horn first.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 2

Aggron

HP 180

Evolves from Lairon

NO. 0306 Iron Armor Pokémon. HT: 6'11" WT: 793.7 lbs.

Angry Slam
50×

This attack does 50 damage for each of your Pokémon that has any damage counters on it.

Guard Claw
120

During your opponent's next turn, this Pokémon takes 50 less damage from attacks (after applying Weakness and Resistance).

weakness

× 2

resistance

-30

retreat

illus. Druke

H

TW

EN

122/167

Aggron has a horn sharp enough to perforate thick iron sheets. It brings down its opponents by ramming into them horn first.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Heatran

HP 140

NO. 0485 Lava Dome Pokémon. HT: 5'7" WT: 948 lbs.

Ability

Incandescent Body

If this Pokémon is in the Active Spot and is damaged by an attack from your opponent's Pokémon (even if this Pokémon is Knocked Out), the Attacking Pokémon is now Burned.

Steel Burst
50×

Discard all Energy from this Pokémon. This attack does 50 damage for each card you discarded in this way.

weakness

× 2

resistance

-30

retreat

illus. AKIRA EGAWA

H

TW

EN

123/167

It dwells in volcanic caves. It digs in with its cross-shaped feet to crawl on ceilings and walls.

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BASIC

Chansey

HP 120

★

NO. 0113 Egg Pokémon. HT: 3'7" WT: 76.3 lbs.

★

Lucky Attachment

Attach a Basic Energy card from your hand to 1 of your Pokémon.

★★★

Boundless Power

80

During your next turn, this Pokémon can't attack.

weakness

🔥 × 2

resistance

retreat

★

Illus. HYOGONOSUKE

It walks carefully to prevent its egg from breaking. However, it is extremely fast at running away.

H

133/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Chansey

HP 120

HOLO

★

NO. 0113 Egg Pokémon. HT: 3'7" WT: 76.3 lbs.

★

Lucky Attachment

Attach a Basic Energy card from your hand to 1 of your Pokémon.

★★★

Boundless Power

80

During your next turn, this Pokémon can't attack.

weakness

🔥 × 2

resistance

retreat

★

Illus. HYOGONOSUKE

It walks carefully to prevent its egg from breaking. However, it is extremely fast at running away.

H

133/167

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STAGE 1

Blissey

EX

HP 300

★

Evolves from Chansey

Ability

Happy Switch

Once during your turn, you may move a Basic Energy from 1 of your Pokémon to another of your Pokémon.

★★★

Return

180

You may draw cards until you have 6 cards in your hand.

weakness

🔥 × 2

resistance

retreat

★ ★ ★

Illus. iwamoto05

When your Pokémon EX is Knocked Out, your opponent takes 2 Prize cards.

H

134/167

★ ★

Pokémon EX rule

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BASIC

Eevee

HP 50

★

NO. 0133 Evolution Pokémon. HT: 1'1" WT: 14.3 lbs.

★

Ascension

Search your deck for a card that evolves from this Pokémon and put it onto this Pokémon to evolve it. Then, shuffle your deck.

★★★

Quick Attack

20+

Flip a coin. If heads, this attack does 20 more damage.

weakness

🔥 × 2

resistance

retreat

★

Illus. satoma

Its genetic code is irregular. It may mutate if it is exposed to radiation from element stones.

H

135/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Eevee

HP 50

HOLO

★

NO. 0133 Evolution Pokémon. HT: 1'1" WT: 14.3 lbs.

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Search your deck for a card that evolves from this Pokémon and put it onto this Pokémon to evolve it. Then, shuffle your deck.

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Quick Attack

20+

Flip a coin. If heads, this attack does 20 more damage.

weakness

🔥 × 2

resistance

retreat

★

Illus. satoma

Its genetic code is irregular. It may mutate if it is exposed to radiation from element stones.

H

135/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Snorlax

HP 160

★

NO. 0143 Sleeping Pokémon. HT: 6'11" WT: 1014.1 lbs.

★

But First, Food

Attach an Energy card from your hand to this Pokémon. If you do, heal 60 damage from this Pokémon.

★★★★★

Heavy Impact

160

weakness

🔥 × 2

resistance

retreat

★ ★ ★ ★

Illus. Souichirou Gunjima

Its stomach's digestive juices can dissolve any kind of poison. Eating things off the ground doesn't bother it at all.

H

136/167

◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Snorlax

HP 160

HOLO

★

NO. 0143 Sleeping Pokémon. HT: 6'11" WT: 1014.1 lbs.

★

But First, Food

Attach an Energy card from your hand to this Pokémon. If you do, heal 60 damage from this Pokémon.

★★★★★

Heavy Impact

160

weakness

🔥 × 2

resistance

retreat

★ ★ ★ ★

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Its stomach's digestive juices can dissolve any kind of poison. Eating things off the ground doesn't bother it at all.

H

136/167

◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Aipom

HP 60

★

NO. 0190 Long Tail Pokémon. HT: 2'7" WT: 25.4 lbs.

★

Hang Down

10

★★

Playful Kick

20

weakness

🔥 × 2

resistance

retreat

★

Illus. Mugi Hamada

Its tail moves with greater dexterity than its hands. Making deft use of this tail, Aipom lives high among the treetops.

H

137/167

◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Aipom

HP 60

HOLO

★

NO. 0190 Long Tail Pokémon. HT: 2'7" WT: 25.4 lbs.

★

Hang Down

10

★★

Playful Kick

20

weakness

🔥 × 2

resistance

retreat

★

Illus. Mugi Hamada

Its tail moves with greater dexterity than its hands. Making deft use of this tail, Aipom lives high among the treetops.

H

137/167

◆

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STAGE 1

Ambipom

HP 110

★

Evolves from Aipom

NO. 0424 Long Tail Pokémon HT: 3'11" WT: 44.8 lbs.

Ability

Wicked Tail

When you play this Pokémon from your hand to evolve 1 of your Pokémon during your turn, you may flip 2 coins. For each heads, choose a random card from your opponent's hand. Your opponent reveals those cards and shuffles them into their deck.

★★★

Gentle Slap

100

weakness

× 2

resistance

retreat

★

Illus. KEIICHIRO ITO

Split into two, the tails are so adept at handling and doing things that Ambipom rarely uses its hands.

H

138/167

◆

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STAGE 1

Ambipom

HP 110

HOLO

★

Evolves from Aipom

NO. 0424 Long Tail Pokémon HT: 3'11" WT: 44.8 lbs.

Ability

Wicked Tail

When you play this Pokémon from your hand to evolve 1 of your Pokémon during your turn, you may flip 2 coins. For each heads, choose a random card from your opponent's hand. Your opponent reveals those cards and shuffles them into their deck.

★★★

Gentle Slap

100

weakness

× 2

resistance

retreat

★

Illus. KEIICHIRO ITO

Split into two, the tails are so adept at handling and doing things that Ambipom rarely uses its hands.

H

138/167

◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Ducklett

HP 60

★

NO. 0580 Water Bird Pokémon HT: 1'8" WT: 12.1 lbs.

★

Double Draw

Draw 2 cards.

★★

Razor Wing

20

weakness

× 2

resistance

-30

retreat

★

Illus. Shibuzoh.

It strengthens its body by diving into the depths of ponds, swimming around while looking for bog moss to eat.

H

139/167

●

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Ducklett

HP 60

HOLO

★

NO. 0580 Water Bird Pokémon HT: 1'8" WT: 12.1 lbs.

★

Double Draw

Draw 2 cards.

★★

Razor Wing

20

weakness

× 2

resistance

-30

retreat

★

Illus. Shibuzoh.

It strengthens its body by diving into the depths of ponds, swimming around while looking for bog moss to eat.

H

139/167

●

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STAGE 1

Swanna

HP 110

★

Evolves from Ducklett

NO. 0581 White Bird Pokémon HT: 4'3" WT: 53.4 lbs.

★

Fighting Wings

20+

If your opponent's Active Pokémon is a Pokémon **EX** or Pokémon **V**, this attack does 90 more damage.

★★

Gust

70

weakness

× 2

resistance

-30

retreat

★

Illus. Susumu Maeya

It's said that many artists have taken inspiration from the sight of a Swanna performing a beautiful dance in the light of dawn.

H

140/167

◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1

Swanna

HP 110

HOLO

★

Evolves from Ducklett

NO. 0581 White Bird Pokémon HT: 4'3" WT: 53.4 lbs.

★

Fighting Wings

20+

If your opponent's Active Pokémon is a Pokémon **EX** or Pokémon **V**, this attack does 90 more damage.

★★

Gust

70

weakness

× 2

resistance

-30

retreat

★

Illus. Susumu Maeya

It's said that many artists have taken inspiration from the sight of a Swanna performing a beautiful dance in the light of dawn.

H

140/167

◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Bloodmoon Ursaluna

EX

HP 260

★

Ability

Seasoned Skill

Blood Moon used by this Pokémon costs ★ less for each Prize card your opponent has taken.

★★★★★

Blood Moon

240

During your next turn, this Pokémon can't attack.

weakness

× 2

resistance

retreat

★★★★

Illus. akyl CG Works

Pokémon EX rule

When your Pokémon **EX** is Knocked Out, your opponent takes 2 Prize cards.

H

141/167

★★

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Item

TRAINER

Accompanying Flute

Reveal the top 5 cards of your opponent's deck. You may choose any number of Basic Pokémon you find there and put those Pokémon onto their Bench. Your opponent shuffles the other cards back into their deck.

Illus. AYUMI ODASHIMA

You may play any number of Item cards during your turn.

H

142/167

◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

HOLO

Accompanying Flute

Reveal the top 5 cards of your opponent's deck. You may choose any number of Basic Pokémon you find there and put those Pokémon onto their Bench. Your opponent shuffles the other cards back into their deck.

Illus. AYUMI ODASHIMA

You may play any number of Item cards during your turn.

H

142/167

◆

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Item

TRAINER

Bug Catching Set

Look at the top 7 cards of your deck. You may reveal up to 2 in any combination of Pokémon and Basic Energy cards you find there and put them into your hand. Shuffle the other cards back into your deck.

You may play any number of Item cards during your turn.

illus. AYUMI ODASHIMA

H

TW

EN

143/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAIN HOLO

Bug Catching Set

Look at the top 7 cards of your deck. You may reveal up to 2 in any combination of Pokémon and Basic Energy cards you find there and put them into your hand. Shuffle the other cards back into your deck.

You may play any number of Item cards during your turn.

illus. AYUMI ODASHIMA

H

TW

EN

143/167

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Supporter

TRAINER

Caretaker

Draw 2 cards. If you drew any cards in this way and if Community Center is in play, shuffle this Caretaker into your deck instead of discarding it.

You may play only 1 Supporter card during your turn.

illus. Akira Komayama

H

TW

EN

144/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAIN HOLO

Caretaker

Draw 2 cards. If you drew any cards in this way and if Community Center is in play, shuffle this Caretaker into your deck instead of discarding it.

You may play only 1 Supporter card during your turn.

illus. Akira Komayama

H

TW

EN

144/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

Carmine

If you go first, you may use this card during your first turn.

Discard your hand and draw 5 cards.

You may play only 1 Supporter card during your turn.

illus. kantaro

H

TW

EN

145/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAIN HOLO

Carmine

If you go first, you may use this card during your first turn.

Discard your hand and draw 5 cards.

You may play only 1 Supporter card during your turn.

illus. kantaro

H

TW

EN

145/167

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Stadium

TRAINER

Community Center

Once during each player's turn, if they played a Supporter card from their hand this turn, they may heal 10 damage from each of their Pokémon.

You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

illus. MARINA Chikazawa

H

TW

EN

146/167

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Stadium

TRAIN HOLO

Community Center

Once during each player's turn, if they played a Supporter card from their hand this turn, they may heal 10 damage from each of their Pokémon.

You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

illus. MARINA Chikazawa

H

TW

EN

146/167

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Supporter

TRAINER

Cook

Heal 70 damage from your Active Pokémon.

You may play only 1 Supporter card during your turn.

illus. Hideki Ishikawa

H

TW

EN

147/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

HOLO

Cook

Heal 70 damage from your Active Pokémon.

You may play only 1 Supporter card during your turn.

Illus. Hideki Ishikawa
H TWIN EN 147/167 ◆

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Item

TRAINER

HOLO

Enhanced Hammer

Discard a Special Energy from 1 of your opponent's Pokémon.

You may play any number of Item cards during your turn.

Illus. Eske Yoshinob
H TWIN EN 148/167 ◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

HOLO

Enhanced Hammer

Discard a Special Energy from 1 of your opponent's Pokémon.

You may play any number of Item cards during your turn.

Illus. Eske Yoshinob
H TWIN EN 148/167 ◆

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Stadium

TRAINER

HOLO

Festival Grounds

Each Pokémon that has any Energy attached (*both yours and your opponent's*) recovers from all Special Conditions and can't be affected by any Special Conditions.

You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

Illus. MARINA Chikazawa
H TWIN EN 149/167 ◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Stadium

TRAINER

HOLO

Festival Grounds

Each Pokémon that has any Energy attached (*both yours and your opponent's*) recovers from all Special Conditions and can't be affected by any Special Conditions.

You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

Illus. MARINA Chikazawa
H TWIN EN 149/167 ◆

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Pokémon Tool

TRAINER

HOLO

Handheld Fan

If the Pokémon this card is attached to is in the Active Spot and is damaged by an attack from your opponent's Pokémon (*even if this Pokémon is Knocked Out*), move an Energy from the Attacking Pokémon to 1 of your opponent's Benched Pokémon.

You may attach any number of Pokémon Tools to your Pokémon during your turn. You may attach only 1 Pokémon Tool to each Pokémon, and it stays attached.

Illus. Toyote Beach
H TWIN EN 150/167 ◆

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Pokémon Tool

TRAINER

HOLO

Handheld Fan

If the Pokémon this card is attached to is in the Active Spot and is damaged by an attack from your opponent's Pokémon (*even if this Pokémon is Knocked Out*), move an Energy from the Attacking Pokémon to 1 of your opponent's Benched Pokémon.

You may attach any number of Pokémon Tools to your Pokémon during your turn. You may attach only 1 Pokémon Tool to each Pokémon, and it stays attached.

Illus. Toyote Beach
H TWIN EN 150/167 ◆

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Supporter

TRAINER

HOLO

Hassel

You can use this card only if any of your Pokémon were Knocked Out during your opponent's last turn.

Look at the top 8 cards of your deck and put up to 3 of them into your hand. Shuffle the other cards back into your deck.

You may play only 1 Supporter card during your turn.

Illus. GOSSAN
H TWIN EN 151/167 ◆

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Supporter

TRAINER

HOLO

Hassel

You can use this card only if any of your Pokémon were Knocked Out during your opponent's last turn.

Look at the top 8 cards of your deck and put up to 3 of them into your hand. Shuffle the other cards back into your deck.

You may play only 1 Supporter card during your turn.

Illus. GOSSAN
H TWIN EN 151/167 ◆

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Item

TRAINER

Hyper Aroma

Search your deck for up to 3 Stage 1 Pokémon, reveal them, and put them into your hand. Then, shuffle your deck.

You can't have more than 1 ACE SPEC card in your deck.

You may play any number of Item cards during your turn.

Illus. Teppei Sasaki
H TWIEN 152/167 ☆

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Stadium

TRAINER

Jamming Tower

Pokémon Tools attached to each Pokémon (both yours and your opponent's) have no effect.

You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

Illus. AYUMI ODASHIMA
H TWIEN 153/167 ◆

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Stadium

TRAINER

HOLO

Jamming Tower

Pokémon Tools attached to each Pokémon (both yours and your opponent's) have no effect.

You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

Illus. AYUMI ODASHIMA
H TWIEN 153/167 ◆

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Supporter

TRAINER

Kieran

Choose 1:

- Switch your Active Pokémon with 1 of your Benched Pokémon.
- During this turn, attacks used by your Pokémon do 30 more damage to your opponent's Active Pokémon **EX** and Active Pokémon **V** (before applying Weakness and Resistance).

You may play only 1 Supporter card during your turn.

Illus. GIDORA
H TWIEN 154/167 ◆

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Supporter

TRAINER

HOLO

Kieran

Choose 1:

- Switch your Active Pokémon with 1 of your Benched Pokémon.
- During this turn, attacks used by your Pokémon do 30 more damage to your opponent's Active Pokémon **EX** and Active Pokémon **V** (before applying Weakness and Resistance).

You may play only 1 Supporter card during your turn.

Illus. GIDORA
H TWIEN 154/167 ◆

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Supporter

TRAINER

Lana's Aid

Put up to 3 in any combination of Pokémon that don't have a Rule Box and Basic Energy cards from your discard pile into your hand. (Pokémon **EX**, Pokémon **V**, etc. have Rule Boxes.)

You may play only 1 Supporter card during your turn.

Illus. Atsushi Furusawa
H TWIEN 155/167 ◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

HOLO

Lana's Aid

Put up to 3 in any combination of Pokémon that don't have a Rule Box and Basic Energy cards from your discard pile into your hand. (Pokémon **EX**, Pokémon **V**, etc. have Rule Boxes.)

You may play only 1 Supporter card during your turn.

Illus. Atsushi Furusawa
H TWIEN 155/167 ◆

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Item

TRAINER

Love Ball

Search your deck for a Pokémon with the same name as 1 of your opponent's Pokémon in play, reveal it, and put it into your hand. Then, shuffle your deck.

You may play any number of Item cards during your turn.

Illus. Studio Bora Inc.
H TWIEN 156/167 ◆

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

HOLO

Love Ball

Search your deck for a Pokémon with the same name as 1 of your opponent's Pokémon in play, reveal it, and put it into your hand. Then, shuffle your deck.

You may play any number of Item cards during your turn.

Illus. Studio Bora Inc.
H TWIEN 156/167 ◆

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Supporter

TRAINER

HOLO

Raifort

Look at the top 5 cards of your deck and discard any number of them. Put the other cards back in any order.

You may play only 1 Supporter card during your turn.

illus. hncf

G

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Item

TRAINER

Scoop Up Cyclone

Put 1 of your Pokémon and all attached cards into your hand.

You may play any number of Item cards during your turn.

illus. Toyoko Beachi

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162/167

★

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Item

TRAINER

Secret Box

You can use this card only if you discard 3 other cards from your hand.

Search your deck for an Item card, a Pokémon Tool card, a Supporter card, and a Stadium card, reveal them, and put them into your hand. Then, shuffle your deck.

You may play any number of Item cards during your turn.

illus. Toyoko Beachi

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163/167

★

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Pokémon Tool

TRAINER

Survival Brace

If the Pokémon this card is attached to has full HP and would be Knocked Out by damage from an attack from your opponent's Pokémon, it is not Knocked Out, and its remaining HP becomes 10. Then, discard this card.

You may attach any number of Pokémon Tools to your Pokémon during your turn. You may attach only 1 Pokémon Tool to each Pokémon, and it stays attached.

illus. Inoue yohko

H

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164/167

★

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Item

TRAINER

Unfair Stamp

You can use this card only if any of your Pokémon were Knocked Out during your opponent's last turn.

Each player shuffles their hand into their deck. Then, you draw 5 cards, and your opponent draws 2 cards.

You may play any number of Item cards during your turn.

illus. Toyoko Beachi

H

TW

EN

165/167

★

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Special Energy

ENERGY

Boomerang Energy

As long as this card is attached to a Pokémon, it provides ★ Energy.

If this card is discarded by an effect of an attack used by the Pokémon this card is attached to, attach this card from your discard pile to that Pokémon after attacking.

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Special Energy

ENERGY

HOLO

Boomerang Energy

As long as this card is attached to a Pokémon, it provides ★ Energy.

If this card is discarded by an effect of an attack used by the Pokémon this card is attached to, attach this card from your discard pile to that Pokémon after attacking.

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★

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Special Energy

ENERGY

Legacy Energy

As long as this card is attached to a Pokémon, it provides every type of Energy but provides only 1 Energy at a time.

If the Pokémon this card is attached to is Knocked Out by damage from an attack from your opponent's Pokémon, that player takes 1 fewer Prize card. This effect of your Legacy Energy can't be applied more than once per game.

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★

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BASIC

Pinsir

HP 110

Grass

Slow Crunch (★)

Discard all Energy from this Pokémon. At the end of your opponent's next turn, the Defending Pokémon will be Knocked Out.

Superpowered Horns (★★★)

100

illus. Yoshino Yoko

H

TW

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168/167

★

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STAGE 1 Sunflora **HP 100**

Evolves from Sunkern

Ability **Redirected Sunlight** 60×
This attack does 60 damage for each Energy attached to all of your opponent's Pokémon.

Mega Drain 50
Heal 30 damage from this Pokémon.

weakness × 2 | resistance | retreat

illus. Shimyo Komatsu
H TWIN EN 169/167 ★
©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Since it converts sunlight into energy, it always looks in the direction of the sun.

STAGE 1 Dipplin **HP 80**

Evolves from Applin

Ability **Festival Lead**
If Festival Grounds is in play, this Pokémon may use an attack it has twice. If the first attack knocks out your opponent's Active Pokémon, you may attack again after your opponent chooses a new Active Pokémon.

Do the Wave 20×
This attack does 20 damage for each of your Benched Pokémon.

weakness × 2 | resistance | retreat

illus. Akira Komayama
H TWIN EN 170/167 ★
©2024 Pokémon / Nintendo / Creatures / GAME FREAK

The head sticking out belongs to the false worm, while the tail belongs to the core worm. The two share one apple and help each other out.

BASIC Poltchageist **HP 30**

Ability **Storehouse Hideaway**
As long as this Pokémon is on your Bench, prevent all damage from and effects of attacks from your opponent's Pokémon done to this Pokémon.

Hook 10

weakness × 2 | resistance | retreat

illus. Sabotini
H TWIN EN 171/167 ★
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Poltchageist looks like a regional form of Sunkern, but it was recently discovered that the two Pokémon are entirely unrelated.

BASIC Torkoal **HP 130**

Ramming Shell 30
During your opponent's next turn, this Pokémon takes 30 less damage from attacks (after applying Weakness and Resistance).

Fire Spin 110
Discard 2 Energy from this Pokémon.

weakness × 2 | resistance | retreat

illus. Masa
H TWIN EN 172/167 ★
©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Coal is the source of Torkoal's energy. Large amounts of coal can be found in the mountains where they live.

STAGE 2 Infernape **HP 140**

Evolves from Monferno

Ability **Pyro Dance**
Once during your turn, you may attach a Basic Energy card, a Basic Energy card, or 1 of each from your hand to your Pokémon in any way you like.

Scorching Fire 200
Discard an Energy from this Pokémon.

weakness × 2 | resistance | retreat

illus. Kage
H TWIN EN 173/167 ★
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Its crown of fire is indicative of its fiery nature. Its beaten by none in terms of quickness.

STAGE 1 Froslass **HP 90**

Evolves from Snorunt

Ability **Freezing Shroud**
During Pokémon Checkup, put 1 damage counter on each Pokémon that has an Ability (both yours and your opponents'), except any Froslass.

Frost Smash 60

weakness × 2 | resistance | retreat

illus. masaru
H TWIN EN 174/167 ★
©2024 Pokémon / Nintendo / Creatures / GAME FREAK

It freezes prey by blowing its -85 degree Fahrenheit breath. It is said to often secretly display its prey.

BASIC Phione **HP 70**

Beckon
Put a Supporter card from your discard pile into your hand.

Energy Press 20×
This attack does 20 damage for each Energy attached to your opponent's Active Pokémon.

weakness × 2 | resistance | retreat

illus. takashi chitahiki
H TWIN EN 175/167 ★
©2024 Pokémon / Nintendo / Creatures / GAME FREAK

When the water ripples, they indicate the direction one can find Phione and drift languidly on the sea in packs.

BASIC Cramorant **HP 110**

Water Gun 20

Spit Shot
Discard all Energy from this Pokémon. This attack does 120 damage to 1 of your opponent's Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness × 2 | resistance | retreat

illus. Fujimoto Gold
H TWIN EN 176/167 ★
©2024 Pokémon / Nintendo / Creatures / GAME FREAK

It's an incredibly poor learner because it uses the bare minimum amount of energy for its beak. It focuses on battling instead.

STAGE 1 Heliolisk **HP 100**

Evolves from Heliptile

Wild Charge 70
This Pokémon also does 20 damage to itself.

weakness × 2 | resistance | retreat

illus. Tsuji Motomu
H TWIN EN 177/167 ★
©2024 Pokémon / Nintendo / Creatures / GAME FREAK

A now-vanished desert culture treasured these Pokémon. Appropriately, when Heliolisk came to the Galar region, treasure came with them.

BASIC **Wattrel** HP 60 ⚡

Thunder Shock 10
Flip a coin. If heads, your opponent's Active Pokémon is now Paralyzed.

weakness ⚡ ×2 | resistance ♀ -30 | retreat ★

Illus. Mizukuro Arino
H TWIN EN 178/167 ★

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BASIC **Chimecho** HP 70 👁

Hyper Voice 20

★★ **Homeward Chime**
Shuffle 1 of your Benched Pokémon and all attached cards into your deck.

weakness 👁 ×2 | resistance ♀ -30 | retreat ★

Illus. REND
H TWIN EN 179/167 ★

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BASIC **Enamorus** HP 120 👁

Heart Sign 30

★★★ **Love Resonance** 80+
If any of your Pokémon in play are the same type as any of your opponent's Pokémon in play, this attack does 120 more damage.

weakness ♀ ×2 | resistance | retreat ★

Illus. GOTO minor
H TWIN EN 180/167 ★

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BASIC **Hisolan Growlithe** HP 80 🐾

Blazing Destruction
Discard a Stadium in play.

★★ **Take Down** 40
This Pokémon also does 10 damage to itself.

weakness ♀ ×2 | resistance | retreat ★★

Illus. GIDORA
H TWIN EN 181/167 ★

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STAGE 1 **Probopass** HP 140 🐾
Evolves from Nosepass

★★★ **Assault Laser** 80+
If your opponent's Active Pokémon has a Pokémon Tool attached, this attack does 80 more damage.

★★★ **Land Crush** 120

weakness ♀ ×2 | resistance | retreat ★★

Illus. Kariya
H TWIN EN 182/167 ★

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Timburr** HP 80 🐾

Best Punch 40
Flip a coin. If tails, this attack does nothing.

weakness ♀ ×2 | resistance | retreat ★★

Illus. Yuki Aoki
H TWIN EN 183/167 ★

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STAGE 1 **Lairon** HP 110 🛡
Evolves from Aron

Steel Tackle 40
This Pokémon also does 20 damage to itself.

★★★ **Metal Claw** 60

weakness ♀ ×2 | resistance ♀ -30 | retreat ★★

Illus. Dorie
H TWIN EN 184/167 ★

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Applin** HP 40 🍏

★ **Find a Friend**
Search your deck for a Pokémon, reveal it, and put it into your hand. Then, shuffle your deck.

🍏 **Rolling Tackle** 30

weakness ♀ ×2 | resistance | retreat ★

Illus. Reframed Sato
H TWIN EN 185/167 ★

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Tatsugiri** HP 70 🐟

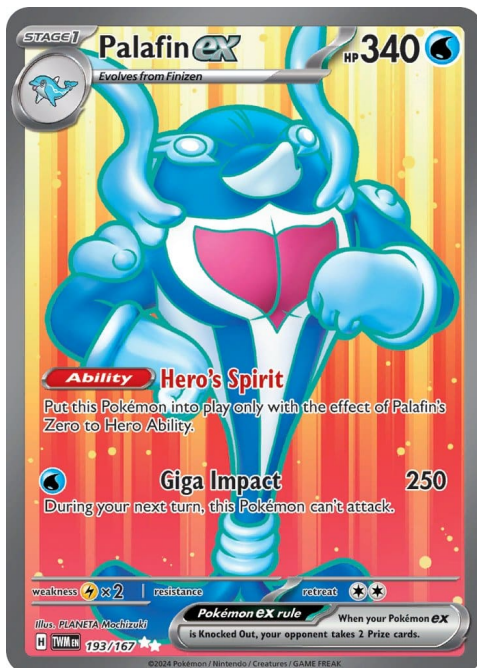
Ability **Attract Customers**
Once during your turn, if this Pokémon is in the Active Spot, you may look at the top 6 cards of your deck, reveal a Supporter card you find there, and put it into your hand. Shuffle the other cards back into your deck.

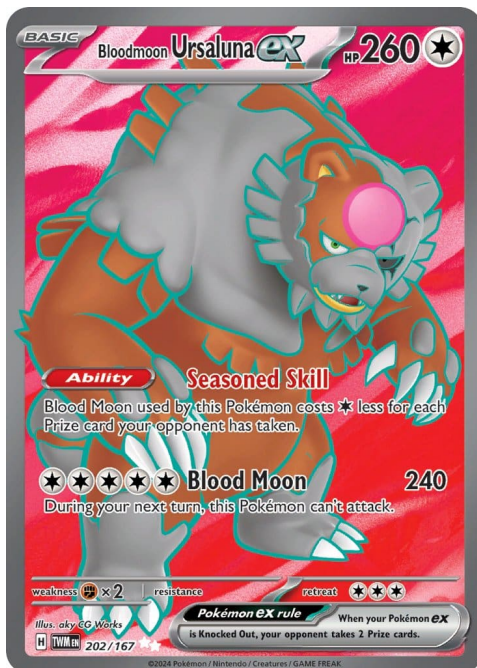
🐟 **Surf** 50

weakness ♀ ×2 | resistance | retreat ★

Illus. osaka
H TWIN EN 186/167 ★

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Supporter

TRAINER

Hassel

You can use this card only if any of your Pokémon were Knocked Out during your opponent's last turn.

Look at the top 8 cards of your deck and put up to 3 of them into your hand. Shuffle the other cards back into your deck.

You may play only 1 Supporter card during your turn.

Illus. GOSSAN
H TW EN 205/167

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Supporter

TRAINER

Kieran

Choose 1:

- Switch your Active Pokémon with 1 of your Benched Pokémon.
- During this turn, attacks used by your Pokémon do 30 more damage to your opponent's Active Pokémon **EX** and Active Pokémon **V** (before applying Weakness and Resistance).

You may play only 1 Supporter card during your turn.

Illus. GIDORA
H TW EN 206/167

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Supporter

TRAINER

Lana's Aid

Put up to 3 in any combination of Pokémon that don't have a Rule Box and Basic Energy cards from your discard pile into your hand. (Pokémon **EX**, Pokémon **V** etc. have Rule Boxes.)

You may play only 1 Supporter card during your turn.

Illus. Atsushi Furusawa
H TW EN 207/167

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Supporter

TRAINER

Lucian

Each player shuffles their hand and puts it on the bottom of their deck. If either player put any cards on the bottom of their deck in this way, each player flips a coin. If heads, that player draws 6 cards. If tails, they draw 3 cards.

You may play only 1 Supporter card during your turn.

Illus. Ined
H TW EN 208/167

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Supporter

TRAINER

Perrin

Reveal up to 2 Pokémon in your hand and put them into your deck. If you do, search your deck for up to that many Pokémon, reveal them, and put them into your hand. Then, shuffle your deck.

You may play only 1 Supporter card during your turn.

Illus. Naoki Saito
H TW EN 209/167

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STAGE 1

Sinistcha **EX**

HP 240

Evolves from Poltchageist

Re-Brew
Put 2 damage counters on 1 of your opponent's Pokémon for each Basic Energy card in your discard pile. Then, shuffle those Energy cards into your deck.

Matcha Splash 120
Heal 30 damage from each of your Pokémon.

weakness ⚡ ×2 resistance retreat ★

Pokémon EX rule When your Pokémon **EX** is Knocked Out, your opponent takes 2 Prize cards.

Illus. Scherzer
H TW EN 210/167

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BASIC

Teal Mask Ogerpon **EX**

HP 210

Tera

As long as this Pokémon is on your Bench, prevent all damage done to this Pokémon by attacks (both yours and your opponent's).

Ability Teal Dance
Once during your turn, you may attach a Basic Energy card from your hand to this Pokémon. If you attached Energy to a Pokémon in this way, draw a card.

Myriad Leaf Shower 30+
This attack does 30 more damage for each Energy attached to both Active Pokémon.

weakness ⚡ ×2 resistance retreat ★

Pokémon EX rule When your Pokémon **EX** is Knocked Out, your opponent takes 2 Prize cards.

Illus. Yano Keiji
H TW EN 211/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

Hearthflame Mask Ogerpon **EX**

HP 210

Tera

As long as this Pokémon is on your Bench, prevent all damage done to this Pokémon by attacks (both yours and your opponent's).

Wrathful Hearth 20×
This attack does 20 damage for each damage counter on this Pokémon.

Dynamic Blaze 140+
If your opponent's Active Pokémon is an Evolution Pokémon, this attack does 140 more damage, and discard all Energy from this Pokémon.

weakness ⚡ ×2 resistance retreat ★

Pokémon EX rule When your Pokémon **EX** is Knocked Out, your opponent takes 2 Prize cards.

Illus. Yano Keiji
H TW EN 212/167

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BASIC

Wellspring Mask Ogerpon **EX**

HP 210

Tera

As long as this Pokémon is on your Bench, prevent all damage done to this Pokémon by attacks (both yours and your opponent's).

Sob 20
During your opponent's next turn, the Defending Pokémon can't retreat.

Torrential Pump 100
You may shuffle 3 Energy attached to this Pokémon into your deck. If you do, this attack also does 120 damage to 1 of your opponent's Benched Pokémon. (Don't apply Weakness and Resistance for Benched Pokémon.)

weakness ⚡ ×2 resistance retreat ★

Pokémon EX rule When your Pokémon **EX** is Knocked Out, your opponent takes 2 Prize cards.

Illus. Yano Keiji
H TW EN 213/167

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